

# Briana S. Nelson Goff, Ph.D.

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## **EDUCATION**

Doctor of Philosophy, Texas Tech University, August 1998

Major: Marriage and Family Therapy

Dissertation: *Systemic Effects of Trauma: A Quantitative Study of Individual and Relational Post-Traumatic Stress*

Major professor: Dr. Karen S. Wampler

Master of Science, Kansas State University, December 1993

Major: Marriage and Family Therapy

Master's Report: *Post-Traumatic Stress Disorder Symptomatology: Correlations and Implications in Female Partners of PTSD Veterans.*

Major professor: Dr. David W. Wright

Bachelor of Science, Kansas State University, May 1991

Dual Major: Psychology and Life Science

Graduated *magna cum laude*

## **PROFESSIONAL EXPERIENCE**

### **Kansas State University**

#### **Office of the Provost**

Interim Director of Assessment, 2008 to present

### **College of Human Ecology**

Associate Dean for Academic Affairs, 2007 to present

Interim Assistant Dean for Academic Affairs, 2005 - 2007

### **School of Family Studies and Human Services**

FSHS Military Family Programs Coordinator, 2007 to present

Associate Professor, 2004 to present

Assistant Professor, 1998 – 2004, Marriage and Family Therapy Program

### **Friends University**

Ph.D. Intern, 1997 - 1998

Primary responsibilities of the clinical internship include providing therapy services for individuals, couples, and families in the Homebased Therapy Program and the Center on Family Living and providing clinical supervision for master's students in the Friends University Marriage and Family

Graduate Program. Additional clinical sites are at the Wichita Veterans Administration Medical Center Post-Traumatic Stress Disorder Unit and the Family Life Counseling Center.

### **Texas Tech University**

Graduate Research Assistant, 1995 - 1997

Primary responsibilities included data collection and analysis, conducting and coding Adult Attachment Interviews, coding couple interactions, and supervising undergraduate transcription project working for Karen S. Wampler, Ph.D. on adult attachment and marital interaction project.

Graduate Teaching Assistant (independent instructor), 1996 – 1997, Course: Courtship and Marriage

### **Lubbock Regional Mental Health/Mental Retardation Center, Lubbock, Texas**

Child and Adolescent Counselor (part-time), February 1996 to August 1996

Primary responsibilities included providing individual and family therapy services on the Child and Adolescent Treatment Team, participating in team meetings, and coordinating services with case managers.

### **Pikes Peak Mental Health Center, Colorado Springs, Colorado**

Mental Health Therapist, 1994 - 1995

Primary responsibilities included providing individual, couple, family, and group therapy services on an Adult Day Treatment Program for adults diagnosed with a chronic mental illness, participating in team meetings, coordinating services on an inter-disciplinary mental health team, writing case plans and setting treatment goals, providing on-call crisis management, and developing new and effective therapeutic programs.

### **Kansas State University**

National Institute of Mental Health Clinical Trainee, 1992 - 1993

Clinical placement site at the Colmery-O'Neil Veterans Administration Medical Center, Topeka, Kansas. Clinical trainee with Gene Connelly, Ph.D. on the Post-Traumatic Stress Disorders Unit. Other clinical training included work with geriatric clients on the Intermediate Care Unit, marital therapy with Alcohol and Drug Treatment Unit couples. Research assistant with Lee Rathbone-McCuan, Ph.D., topics: veteran family violence and Desert Storm veterans and families. Research assistant with Rick Miller, Ph.D., topic: later-life marriages

### **AWARDS AND HONORS**

Recipient, College of Human Ecology Council Faculty of the Month, November 2008

Faculty Honoree, Kansas State University Chapter of Mortar Board National College Honor Society, 2008

Nominee, Dr. Ron and Rae Iman Outstanding Faculty Award for Research, Kansas State University Alumni Association, 2008

Kansas Emergency Management Association Outstanding Service Award, Awarded to the Kansas All-Hazards Behavioral Health Program, 2008

Recipient, Texas Tech University College of Human Sciences New Achiever Award, 2007

Nominee, Presidential Distinguished Faculty Award for Mentoring of Undergraduate Students in Research at Kansas State University, 2007

Selected Participant, KSU 2<sup>nd</sup> Annual James R. Coffman Leadership Institute, 2005

Nominee, KSU College of Human Ecology (CHE) Faculty Research Excellence Award, 2004, 2006

Nominee, CHE Dawley-Scholer Award for Faculty Excellence in Student Development, 2005

Recipient, CHE Dawley-Scholer Award for Faculty Excellence in Student Development, 2003  
Recipient, Kansas State University Faculty Member of the Week, 2003

## **PUBLICATIONS**

\*\* Denotes publications from TRECK Team projects

## Denotes publications from KAHBH Program projects

### **Refereed Journal Articles**

- \*\*Hamilton, S., Nelson Goff, B. S., Crow, J. R., & Reisbig, A. M. J. (in press). Primary trauma of female partners in a military sample: Individual symptoms and relationship satisfaction. *American Journal of Family Therapy*.
- \*\*Nelson Goff, B. S., Crow, J. R., Reisbig, A. M. J., & Hamilton, S. (in press). The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress in female partners. *Journal of Couple and Relationship Therapy*.
- Britt, S., Grable, J., Nelson Goff, B. S., & White, M. (2008). The influence of perceived spending behaviors on relationship satisfaction. *Financial Counseling and Planning*, 19, 31-43.
- \*\*Doyle, T., Strader, L., Nelson Goff, B. S., & Sanders-Hahs, E. (2008). *Coming home: The impact of military deployments to Iraq and Afghanistan on relationship satisfaction*. *Undergraduate Research Journal for the Human Sciences*, 7, Online [<http://www.kon.org/urc/v7/doyle.html>]
- \*\* Schwerdtfeger, K. L., Osby-Williams, J., Hoheisel, C. B., Nye, B., Nelson Goff, B. S., Reisbig, A. M. J., Archuleta, K., Henry, S. B., Bole, A., Hayes, E., Sanders-Hahs, E., Scheer, T., & Smith, D. B. (2008). Individual symptoms and coping resources reported by trauma survivors and their partners: A qualitative research study with clinical couples. *Journal of Couple and Relationship Therapy*, 7(3), 187-209.
- Schwerdtfeger, K. L., & Nelson Goff, B. S. (2008). The effects of trauma-focused research on pregnant female participants. *Journal of Empirical Research on Human Research Ethics*, 3, 59-67.
- \*\*Nelson Goff, B. S., Crow, J. R., Reisbig, A. M. J., & Hamilton, S. (2007). The impact of individual trauma symptoms of deployed soldiers on relationship satisfaction. *Journal of Family Psychology*, 21, 344-353.
- Schwerdtfeger, K. L., & Nelson Goff, B. S. (2007). The intergenerational transmission of trauma: Exploring mother-infant prenatal attachment. *Journal of Traumatic Stress*, 20, 39-51.
- Higgins Kessler, M. R., & Nelson Goff, B. S. (2006). Initial treatment decisions with adult survivors of childhood sexual abuse: Recommendations from clinical experts. *Journal of Trauma Practice*, 5, 33-56.
- \*\*Nelson Goff, B. S., Reisbig, A. M. J., Bole, A., Scheer, T., Hayes, E., Archuleta, K. L., Henry, S. B., Hoheisel, C. B., Nye, B., Osby, J., Sanders-Hahs, E., Schwerdtfeger, K. L., & Smith, D. B. (2006). The effects of trauma on intimate relationships: A qualitative study with clinical couples. *American Journal of Orthopsychiatry*, 76, 451-460.

- \*\*Nelson Goff, B. S., Peterson, F. R., Berg, N., Williams, T., & Clark, C. (2006). The single trauma couple: A case analysis of a clinical session transcript. *Journal of Couple and Relationship Therapy*, 5, 59-77.
- \*\*Nelson Goff, B. S., & Smith, D. (2005). Systemic traumatic stress: The Couple Adaptation to Traumatic Stress Model. *Journal of Marital and Family Therapy*, 31, 145-157.
- Higgins Kessler, M. R., Nelson, B. S., Jurich, A. P., & White, M. (2004). Clinical decision-making strategies of marriage and family therapists in the treatment of adult childhood sexual abuse survivors. *American Journal of Family Therapy*, 32, 1-10.
- Higgins Kessler, M. R., White, M., & Nelson, B. S. (2003). Group treatments for adults sexually abused as children: A review of the literature and recommendations for future outcome research. *Child Abuse and Neglect*, 27, 1045-1061.
- Nelson, B. S. (2003). Post-war trauma and reconciliation in Bosnia-Herzegovina: Observations, experiences, and recommendations for marriage and family therapy. *American Journal of Family Therapy*, 31, 305-316.
- Wampler, K. S., Shi, L., Nelson, B., & Kimball, T. G. (2003). The Adult Attachment Interview and observed couple interaction: Implications for an intergenerational perspective on couple therapy. *Family Process*, 42, 497-516.
- Nelson, B. S., & Wampler, K. S. (2002). Further understanding the systemic effects of childhood sexual abuse: A comparison of two groups of clinical couples. *Journal of Child Sexual Abuse*, 11, 85-106.
- \*\*Nelson, B. S., Wangsgaard, S., Yorgason, J., Higgins Kessler, M., & Carter-Vassol, E. L. (2002). Single and dual trauma couples: Relationship characteristics and dynamics. *American Journal of Orthopsychiatry*, 72, 58-69.
- Fees, B. S., Nelson, B. S., O'Conner, N. T., Sheehe, C., & McIntyre, J. (2001). Home-based intervention: A collaborative model for service-learning among early childhood educators and marriage and family therapists. *Journal of Teaching in Marriage and Family*, 1 (4), 39-52.
- Nelson, B. S., Wright, D. W., & Vaughn, M. (2001). Sleeping single in a family bed: Themes and issues on singlehood from National Council on Family Relations roundtable discussion groups. *Journal of Teaching in Marriage and Family*, 1 (1), 112-132.
- Nelson, B. S., & Wampler, K. S. (2000). Systemic effects of trauma in clinic couples: An exploratory study of secondary trauma resulting from childhood abuse. *Journal of Marital and Family Therapy*, 26, 171-184.
- Nelson, B. S., & Wright, D. W. (1996). Understanding and treating post-traumatic stress disorder symptoms in female partners of veterans with PTSD. *Journal of Marital and Family Therapy*, 22, 455-467.

### Published Chapters in Books

- \*\*Nelson Goff, B. S., & Schwerdtfeger, K. L. (2004). The systemic impact of traumatized children. In D. Catherall (Ed.), *Handbook of stress, trauma, and the family* (pp. 179-202). New York: Brunner-Routledge.
- Nelson, B. S. (2002). Trauma and reconciliation in Bosnia and Herzegovina: Observations, experiences and recommendations from a marriage and family therapist. In M. Tokaca (Ed.), *Pokidani pupoljci (The Plucked Buds)* (pp. 385-394). Sarajevo, Bosnia-Herzegovina: Commission for Gathering Facts on War Crimes in Bosnia and Herzegovina.
- Miller, R. B., Hemesath, K. K., & Nelson, B. S. (1997). Marriage in middle and later life. In T. D. Hargrave and S. Hanna (Eds.), *The aging family: New visions in theory, practice, and reality*. New York: Brunner/Mazel.
- Wright, D. W., Nelson, B. S., & Georgen, K. (1994). Marital problems: An overview of research during the 1980s. In P. McKenry and S. Price (Eds.), *Contemporary family issues: Coping with problems and change*. Beverly Hills: Sage.

### Other Publications

- \*\*Nelson, B. S., & Schwerdtfeger, K. L. (2003, November). Trauma in the family: The systemic impact of traumatized children. *The Child Survivor of Traumatic Stress*, pp. 3-4, 9.
- \*\*Nelson, B. S., & Schwerdtfeger, K. L. (2003). Shattered home: The impact of trauma on children and families. *Kansas Child*, 2 (4), 7.
- Nelson, B. S. (2003, August). Turning the tide on trauma: Lessons learned in Bosnia show need for long-term humanitarian aid in Iraq. *K-Stater*, 53 (1), 15.
- \*\*Nelson, B. S., & Schwerdtfeger, K. L. (2002). Trauma to one family member affects entire family. *Traumatic Stresspoints*, 26 (3), 7.
- Nelson, B. S. (2001). [Review of the book *Resilient adults: Overcoming a cruel past.*] *Journal of Marital and Family Therapy*, 27, 412-413.
- Nelson, B. S. (2000/2001, December/January). MFT shares experience helping trauma survivors in Bosnia. *Family Therapy News*, 31, 23.

### Articles in Process or Submitted for Publication

- \*\*Baptist, J., Nelson Goff, B. S., Swinton, J., & Culver, R. (2008). *The psychological processing of trauma from OIF/OEF deployment*. Manuscript submitted for publication.
- \*\*Baptist, J., Amanor-Boadu, Y., Garrett, K., Nelson Goff, B. S., Collum, J., Gamble, P., Gurss, H., Sanders-Hahs, E., & Strader, L. (2008). *After the war: A qualitative analysis of the effects of deployment to Iraq and Afghanistan on military couples*. Manuscript submitted for publication.

Collins, N., Mitstifer, D., Nelson Goff, B., & Hymon-Parker, S. *Promotion of undergraduate research in the human sciences: Three models*. Manuscript submitted for publication.

\*\* Smith, D. B., Henry, S. B., Archuleta, K., Sanders-Hahs, E., Nelson Goff, B. S., Reisbig, A. M. J., Schwerdtfeger, K. L, Bole, A., Hayes, E., Hoheisel, C. B., Nye, B., Osby-Williams, J., & Scheer, T., (2008). *Trauma and couples: Mechanisms in dyadic functioning*. Manuscript submitted for publication.

\*\*Anderson, J. R., Nelson Goff, B. S., Wiedower, S. L., Gurss, H., & McCluney, S. *Marital satisfaction and deployment factors in a sample of military couples*. Manuscript in preparation.

\*\*Anderson, J. R., Nelson Goff, B. S., Wiedower, S. L., Gurss, H., & McCluney, S. *Dual military couples: The impact of deployment factors on relationship satisfaction*. Manuscript in preparation.

##Nelson Goff, B. S., Griffin, C., Wick, S., & Strader, L. *Greensburg KS 2007: Frontline lessons learned in disaster mental health*. Manuscript in preparation.

Smith, D. B., & Nelson Goff, B. S. *A history of sexual trauma and relational adjustment in the couple system*. Manuscript in preparation.

Smith, D. B., & Nelson Goff, B. S. *Secondary traumatic stress: PTSD, cognitive disruptions, and relational adjustment*. Manuscript in preparation.

Wick, S., & Nelson Goff, B. S. *The impact of death and bereavement on family policies in the workplace*. Manuscript in preparation.

## **RESEARCH PROGRAM**

### **The Effects of Trauma on Individual, Couple, Family and Community Systems**

*Trauma Research, Education, & Consultation at K-State (TRECK) Team* (1998 to present)

Total number of students involved since 1998: 93

[www.ksu.edu/treck](http://www.ksu.edu/treck)

*Current Project #1: Primary and Secondary Traumatic Stress in Couples* (1998 to present)

This project seeks to obtain an empirical understanding of the systemic effects of traumatic events on adult interpersonal relationships. Trauma research traditionally has focused on how traumatic events impact the individual trauma victim. Literature on the long-term couple and family system effects in adults previously exposed to traumatic events has been limited. This program of research seeks to expand the empirical work on trauma in couples. In addition, this research project provides a unique educational and research opportunity by including both graduate and undergraduate students in the *Trauma Research, Education, and Consultation at K-State (TRECK) Team*, who are actively involved in learning and conducting the research methodology (under the direction of the PI). Since 1998, over 100 students have been involved with the TRECK Team.

The TRECK research program consists of three phases:

*Phase 1:* Beginning in June 2002, this phase focused on the secondary effects of trauma in couples where one or both partners have been exposed to a previous traumatic event (e.g., childhood abuse, war trauma, accidents). Qualitative and quantitative data have been collected with 14 couples through the KSU Family Center and other community contacts. Qualitative data analysis was complete in January 2005, with manuscript preparation immediately following. Three manuscripts have resulted from this data (all published or submitted).

*Phase 2:* Beginning in August 2004, Phase 2 specifically includes 50 military couples from Fort Riley, Fort Leavenworth, and other areas of Kansas to understand how their recent deployment in *Operation Iraqi Freedom* (OIF) or *Operation Enduring Freedom* (OEF) (war trauma) is affecting the soldiers, their partners, and their couple relationship. This second phase of the study provided an additional participant pool facing an important current trauma-related issue in the U.S. In order to increase participant recruitment (based on the low Phase 1 sample size), funding was received specifically for participant incentives (\$50 per couple). Data collection ended in September 2005, with a total of 50 participant couples completing the research protocol. Three manuscripts have resulted from the quantitative data from this phase of data (all published); an additional three manuscripts have resulted from the qualitative data (one submitted, two in process).

*Phase 3:* Beginning in January 2006, this phase involves continued data collection with an additional comparison sample. Similar to Phase 2, Phase 3 also will include OIF/OEF soldiers and their partners, and will specifically recruit participants who are National Guard or Reserve members. The same protocol will be followed as in the previous two phases to provide an additional database for comparison to the previous groups, in order to have a more diverse participant pool for analysis. It is estimated that some of this phase may include qualitative interviews, but a larger portion of participants will be recruited to complete the survey instruments on-line. Approximately 200 participating couples will be recruited for the on-line survey method of data collection through ads in post newspapers around the US.

The research questions for these studies are:

- In what ways are the partners of trauma survivors (soldiers) affected by the primary survivor's previous deployment and trauma exposure (intrapersonal secondary traumatic stress symptoms)?
- In what ways are the couple's interpersonal functioning affected when there is a history of trauma exposure (interpersonal/systemic secondary traumatic stress symptoms)?
- In what ways do trauma survivors and their partners describe the impact of previous trauma exposure on themselves, their partner, and the dyadic relationship? What mechanisms or moderating factors related to trauma exposure affect the couple system and functioning of the dyad?

A mixed-methodology research design is being used in all phases, which includes quantitative questionnaires that identify post-traumatic stress symptomatology in both partners and quality of the current dyadic relationship. The quantitative instruments include the Traumatic Events Questionnaire (Vrana & Lauterbach, 1994), Purdue Post-Traumatic Stress Disorder Scale-Revised (Lauterbach & Vrana, 1996), Trauma Symptom Checklist-40 (Briere, 1996), and Dyadic Adjustment Scale (Spanier, 1976). The qualitative interviews focus on the interpersonal impact of trauma on the couple relationship, intrapersonal effects of trauma exposure on both partners, and current dyadic functioning.

*Current Project #2: FSHS Military Family Research Program (2007 to present)*

The Military Family Research Program addresses the priority area, Health and Security of Military Families, determined as a focus for research, extension and service in the School of Family Studies and Human Services. The Military Family Research Program includes several programs related to military families, from birth through adulthood, specialty areas of research focused on violence and trauma, and national programs on youth development. In addition to the TRECK Research described above, additional projects have been developed with Fort Riley Kansas, the Kansas National Guard, and the Manhattan Vet Center. These projects include several FSHS faculty, students and alumni partnering to provide educational and research programs to address current needs of military families. In serving as the FSHS Military Family Programs Coordinator, I provide the primary point of contact for military leaders and agencies, connecting local and national programs with current programs and expertise provided by FSHS faculty to best meet the needs of today's military families. Research has been conducted with Fort Riley and educational programs on family resilience and sustainability have been developed for the Kansas National Guard.

*Project #3: Trauma and Reconciliation in Bosnia-Herzegovina (2000 to 2003)*

This project, funded by the National Research Council (a division of the National Academy of Sciences), addressed the current needs of the people of Bosnia-Herzegovina. In 2000, an interdisciplinary team of researchers from the US worked in Bosnia-Herzegovina to determine potential resources for developing research programs and develop collaborations with international and US scholars. In 2001, I conducted research through a follow-up grant at Dom Bjelave Children's Home in Sarajevo. Information gained in this project have been developed into educational and research programs that focus on post-war recovery, particularly with the KSU Community Service Program International Summer Team in Bosnia, where I served as a consultant and collaborator with Marina Pecar, former College of Architecture faculty, for the team.

In 2003, this project involved the *Creative Education for Peace: Children and Families in Post-War Bosnia-Herzegovina Project*. The Co-PI was Marina Pecar, Department of Architecture, who is from Bosnia and has coordinated previous student projects in that region. We collaborated with Training Workshops International (TWI), a Virginia-based organization that has been working with children's homes in Bosnia since 1996. The teams consisted of graduate students, primarily in MFT, who provided educational and therapeutic activities with the children in the homes for two months during the summer semester. In 2003, two students participated in this project. In preparation, the CEP team met for 1.5 hours weekly for language and culture training, development of individual and group projects, and team coordination for their work in Bosnia. Funding was requested from the following federal sources and private foundations: ROTARY International (individual student funding was received), US Department of Education, and the Greenville Foundation.

*Project #4: Kansas All-Hazards Behavioral Health Program (2005 to 2007)*  
[www.ksu.edu/kahbh](http://www.ksu.edu/kahbh)

The KAHBH program was developed through a contract between the Kansas Department of Health and Environment, Kansas Mental Health Authority (KMHA) of the Kansas Department of Social and Rehabilitation Services, and the Kansas State University School of Family Studies and Human Services. KMHA, KAHBH, and Community Mental Health Center coordinators form a linked network without hierarchy that works to ensure resources are adequate to meet the behavioral health needs of people in Kansas following disaster. The KAHBH program was responsible for the development of a State-wide behavioral health disaster response plan, recruitment of behavioral health volunteers, and maintenance of on-call disaster behavioral health volunteer list. KAHBH also was responsible for identifying and coordinating disaster related training for behavioral health disaster response workers. KAHBH developed a database of resources, including needs of special populations, interpreters, language banks, clergy, and family and peer support groups.

KAHBH works with community mental health centers (CMHCs) to design behavioral health disaster team structure and develop disaster response procedures. KAHBH consults with CMHCs about planning and management of their responses to local disasters. KAHBH and local CMHCs work closely with the local disaster agencies, behavioral health service providers, and other trained persons to provide crisis counseling services.

In May 2007, the first KAHBH response was initiated due to an EF5 Tornado that struck Kiowa County and the city of Greensburg in southern Kansas, followed by severe flooding in Southeast Kansas in late June. The response by KAHBH to these two Presidentially-declared disasters included behavioral health crisis counseling and outreach services to residents and responders in approximately 15 of the counties affected by the storms. The KAHBH Program, through SRS, received initial FEMA/SAMHSA Crisis Counseling Program grants to provide ongoing services in these regions through the KARE (Kansas Assisting Recovery Efforts) Projects. KSU served as the primary service provider, providing direct oversight and management of both KARE Projects, serving as the agency employing approximately 35 staff in these two regions, providing data reporting for the federal grants, and assisting with the coordination of services to residents in the affected areas. Responsibilities included:

- Activating KAHBH Teams and notifying CMHC Coordinators about need for KAHBH presence in Southwest and Southeast Kansas
- Providing outreach and crisis counseling services in Southwest and Southeast Kansas
- Organizing and coordinating KAHBH Team members and On-Site Supervisors responding to Southwest and Southeast Kansas
- Providing frequent updates on Southwest and Southeast Kansas response and continued need to CMHC Coordinators and KAHBH Stakeholders
- Preparing, revising, and submitting Immediate Services Program (ISP) and Regular Services Program (RSP) Grant materials with SRS coordinator to FEMA
- Providing education to responders and residents about crisis reactions and stress reduction
- Working with local and state responders to address behavioral health needs in the affected areas
- Conducting phone conference calls with local, state and federal offices

- Providing checks with KAHBH responders after they return home from their deployment
- Preparing Regular Services Program (RSP) Grant materials for extended funding of Crisis Counseling Program.

## **GRANTS AND CONTRACTS**

*Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard Families.* Nelson Goff, B. S., Johannes, E., Schumm, W., Maddux, E., Olsen, C., Anderson, J., McCants, T., & Kahl, J. Kansas National Guard (USPFO for Kansas), 2008, \$75,000.

*Fort Riley Military Family Survey: Family Decisions to Accompany Soldiers Study.* Nelson Goff, B. S., & Anderson, J. R. Fort Riley Kansas (ACA Fort Riley), 2008, \$30,778.

*Crisis Counseling Assistance and Training Program Regular Services Program: FEMA-1699-DR-KS (May 2007).* Rinehart, R. Federal Emergency Management Agency, 2007, Original SRS Request \$790,879; Received by SRS \$683,812; KSU Subcontract \$677,778 (Assisted with development and submission of RSP Grant to provide crisis counseling services to Kiowa, Stafford, Edwards and Pratt County KS through KAHBH K.A.R.E. Program)

*Crisis Counseling Assistance and Training Program Immediate Services Program: FEMA-1711-DR-KS (July 2007).* Rinehart, R. Federal Emergency Management Agency, 2007, Original SRS Request \$421,257; Received by SRS \$295,507; KSU Subcontract \$288,755 (Assisted with development and submission of ISP Grant to provide crisis counseling services to Miami, Linn, Allen, Neosho, Wilson, Elk, Cowley, Montgomery, and Labette Counties in Southeast Kansas through KAHBH K.A.R.E. Program)

*Crisis Counseling Assistance and Training Program Immediate Services Program: FEMA-1699-DR-KS (May 2007).* Rinehart, R. Federal Emergency Management Agency, 2007, Original Request SRS \$237,313; Received by SRS \$204,972; KSU Subcontract \$174,973. (Assisted with development and submission of ISP Grant to provide crisis counseling services to Kiowa, Stafford, Edwards and Pratt County KS through KAHBH K.A.R.E. Program)

*Kansas All-Hazards Behavioral Health Program.* Nelson Goff, B., & Griffin, C. Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2007, \$110,000

*Mental Health All-Hazards Preparedness, Response, and Recovery Plan for Kansas.* Nelson Goff, B., & Griffin, C. Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2006, \$90,000

*A Program for Training and Consultation of CMHC Practitioners Delivering Intensive Home Based Family Therapy Services.* O'Conner, N. T., Meredith, W., Jurich, A. P., Russell, C. S., Baptist, J., & Nelson Goff, B. Kansas Department of Social and Rehabilitative Services, 2006, \$174,525.

*Mental Health All-Hazards Preparedness, Response, and Recovery Plan for Kansas.* Nelson Goff, B., & Griffin, C. Kansas Department of Social and Rehabilitative Services Mental Health Block Grant, 2005, \$90,000

*Primary and Secondary Post-Traumatic Stress in Couples.* College of Human Ecology Faculty Research Grant, Kansas State University, 2004, \$4,800

*Primary and Secondary Post-Traumatic Stress in Couples*. University Small Research Grant, Kansas State University, 2004, \$1,700

*Primary and Secondary Post-Traumatic Stress in Couples*. School of Family Studies and Human Services Competitive Faculty Research Grant, Kansas State University, 2004, \$2,000

*Primary and Secondary Post-Traumatic Stress in Couples*. College of Human Ecology Faculty Research Grant, Kansas State University, 2002, \$500

*President's Faculty Development Award*. Kansas State University, 2001, \$1,000

*Trauma and Reconciliation in Bosnia-Herzegovina*. National Research Council, 2001, \$3,000

*Kansas Marriage Preservation Project: Enhancing Marriages and Communities in Rural Kansas*. White, M., & Nelson, B. S. (Co-directors). Agricultural Experiment Station, Kansas State University, 2000-2002, \$66,000

*Development of a Research Program on Interpersonal Attachment and Stress Symptoms in Adult Survivors of Traumatic Events*. Big 12 Faculty Fellowship Program, Kansas State University, 2000-2001, \$1,015.

*Family Preservation Services Contract*. Bollman, S. R., O'Conner, N. T., White, M. B., Nelson, B. S., & Fees, B. S. Kansas Social and Rehabilitation Services, 2000-2001, \$232,560

*Trauma and Reconciliation in Bosnia-Herzegovina*. National Research Council, 2000, \$4,500

### **REFEREED PRESENTATIONS**

\*\* Denotes presentations from TRECK Team projects

## Denotes presentations from KAHBH Program projects

- \*\*Baptist, J., Amanor-Boadu, Y., Garrett, K., Nelson Goff, B. S., Collum, J., Gamble, P., Gurss, H., Sanders-Hahs, E., & Strader, L. (2008, November). *The aftermath of war trauma exposure on military couples*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS), Chicago, IL.
- \*\*Garrett, K., Sanders-Hahs, E., Baptist, J., & Nelson Goff, B. S. (2008, November). *Trauma research teams: A template for design, development, and administration*. Poster presented at ISTSS, Chicago, IL.
- \*\*Nelson Goff, B. S., & Schwerdtfeger, K. (2008, November). *Conducting ethical and responsible trauma-focused research with special populations*. Workshop presented at ISTSS, Chicago, IL.
- \*\*Sanders-Hahs, E., Nelson Goff, B. S., Strader, L., Doyle, T., Archuleta, K. L., & Blalock Henry, S. (2007, October). *The impact of 21st century war trauma on military couples*. Poster presented at the American Association for Marriage and Family Therapy (AAMFT), Long Beach, CA.
- \*\*Vargas, L., Doyle, T., Sanders-Hahs, E., & Nelson Goff, B. S. (2007, April). *Coming home: The impact of deployments to Iraq and Afghanistan on relationship satisfaction*. Poster presented at the Council on Undergraduate Research Poster Session on Capitol Hill, Washington, DC.

- \*\*Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Sanders-Hahs, E., Schwerdtfeger, K. L., Smith, D. B., Archuleta, K., Henry, S. B., Osby-Williams, J., Hayes, E., & Hoheisel, C. B. (2006, November). *Coming home: Impact of deployments to Iraq and Afghanistan on relationship satisfaction*. Poster presented at ISTSS, Hollywood, CA.
- \*\*Nelson Goff, B. S., & Schwerdtfeger, K. (2006, November). *Family systems approaches to trauma: Conducting trauma-focused research with special populations*. Poster presented at ISTSS, Hollywood, CA.
- Schwerdtfeger, K., & Nelson Goff, B. S. (2006, November). *Trauma focused research: Is it distressing to pregnant female participants?* Poster presented at ISTSS, Hollywood, CA.
- \*\* Henry, S. B., Walker, A. B., Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Schwerdtfeger, K. Smith, D. B., Archuleta, K., Osby-Williams, J., Hayes, E., Hoheisel, C. B., Sanders-Hahs, & Vargas, L. (2006, March). *Trauma in military couple relational systems*. Poster presented at the 11th Annual KSU Graduate Research Forum, Manhattan, KS, and the 3<sup>rd</sup> Annual Capitol Graduate Research Summit, Topeka, KS.
- \*\*Nelson Goff, B. S., Osby-Williams, J., Schwerdtfeger, K. L., Hoheisel, C. B., Nye, B., Reisbig, A. M. J., Archuleta, K., Henry, S. B., Bole, A., Hayes, E., Sanders, E., Scheer, T., & Smith, D. B. (2005, November). *Systemic traumatic stress: Primary and secondary trauma in couples*. Poster presented at ISTSS, Toronto, Canada.
- \*\*Nelson Goff, B. S., Crow, J., Reisbig, A. M. J., Hamilton, S., Schwerdtfeger, K. L., Smith, D. B., Archuleta, K., Henry, S. B., Osby-Williams, J., Hayes, E., Hoheisel, C. B., & Sanders, E. (2005, October). *Trauma in military couple relational systems*. Poster presented at AAMFT, Kansas City, MO.
- \*\*Nelson Goff, B. S., Smith, D. B., Henry, S. B., & Schwerdtfeger, K. L. (2005, October). *Systemic traumatology: Skills and implications for MFTs*. Workshop presented at AAMFT, Kansas City, MO.
- Schwerdtfeger, K. L., & Nelson Goff, B. S. (2005, October). *Exploring trauma and maternal prenatal attachment*. Poster presented at AAMFT, Kansas City, MO.
- \*\*Nelson Goff, B. S., Schwerdtfeger, K., Joy, A., Smith, D. B., Archuleta, K., Henry, S. B., Osby, J., Hayes, E., Hoheisel, C. B., Bateman, L., Bole, A., Burks, T., Nye, B., Scheer, T., & Sanders, E. (2004, November). *Trauma in couples: A qualitative study of interpersonal relationships*. Poster presented at ISTSS, New Orleans, LA.
- \*\*Hoheisel, C. B., & Nelson Goff, B. S. (2004, October). *The TRECK Team: An innovative research and community outreach program at K-State*. Workshop presented at the North Central Association for Counselor Education and Supervision, St. Louis, MO.
- \*\*Nelson Goff, B. S., Schwerdtfeger, K., Joy, A., Smith, D. B., Archuleta, K., Henry, S. B., Osby, J., Hayes, E., Hoheisel, C. B., Bateman, L., Bole, A., Burks, T., Nye, B., Scheer, T., & Sanders, E. (2004, September). *Trauma in couples: Intrapersonal and relational dynamics*. Poster presented at AAMFT, Atlanta, GA.

- \*\*Hoheisel, C. B., & Nelson Goff, B. S. (2004, April). *Looking at the impact of trauma from the perspective of traumatic stress theory and family systems theory*. Workshop presented at the American Counseling Association (ACA), Kansas City, MO.
- \*\*Nelson Goff, B. S., Hoheisel, C. B., & TRECK Team Members (2004, April). *The TRECK Team: Trauma Research, Education, and Consultation at K-State*. Poster presented at ACA, Kansas City, MO.
- \*\*Nelson Goff, B. S., Smith, D. B., Hoheisel, C., Archuleta, K., Schwerdtfeger, K. L., & Kelley, S. (2003, October). *Clinical application and integration of family systems theory to trauma*. Workshop presented at ISTSS, Chicago, IL.
- \*\*Nelson Goff, B. S., Schwerdtfeger, K., Jones, N., Hoheisel, C., Smith, D. B., Archuleta, K., Henry, S. B., Joy, A., Krug, S., Tompkins, A., Bateman, L., Peterson, F. R., & Kelley, S. M. (2003, October). *The TRECK Team: Trauma Research, Education, and Consultation at K-State*. Poster presented at ISTSS, Chicago, IL.
- \*\*Schwerdtfeger, K., Jones, N., Nelson Goff, B. S., Hoheisel, C. B., Smith, D. B., Archuleta, K., Henry, S. B., Joy, A., Krug, S., Tompkins, A., Bateman, L., Peterson, F. R., & Kelley, S. M. (2003, October). *Trauma in couples: Relationship fragmentation and integration*. Poster presented at ISTSS, Chicago, IL.
- \*\*Nelson, B. S., Pecar, M., Pomykalo, J., & Proffitt, J. (2002, November). *Weapons and war, pears and peace: Children's perspectives in Bosnia-Herzegovina*. Poster presented at ISTSS, Baltimore, MD.
- \*\*Nelson, B. S., Peterson, F. R., Schwerdtfeger, K. L., & Smith, D. B. (2002, October). *Systemic traumatology: Theoretical development revisited*. Workshop presented at AAMFT, Cincinnati, OH.
- Nelson, B. S. (2001, December). *Childhood sexual abuse: Individual and relational symptoms in couples*. Poster presented at ISTSS, New Orleans, LA.
- \*\*Nelson, B. S., Berg, N., Cromwell, T., Dunbar, C., Peterson, R., Anderson, J., Carter, S., Allison, J., Schwerdtfeger, K., & Bruner, B. (2001, December). *Traumatized couples: Characteristics and clinical interventions*. Workshop presented at ISTSS, New Orleans, LA.
- Nelson, B. S. (2001, November). *Trauma and reconciliation in Bosnia-Herzegovina*. Paper presented at the National Council on Family Relations (NCFR), Rochester, NY.
- \*\*Nelson, B. S., & MacDougall, K. (2001, November). *Trauma Research, Education, and Consultation at K-State: A unique approach to stress and trauma pedagogy*. Roundtable presented at NCFR, Rochester, NY.
- White, M. B., Nelson, B. S., West, D., Smith, J., Schwerdtfeger, K., & Bruner, B. (2001, November). *The Marriage Preservation Project: Enhancing marriages in rural communities*. Poster presented at NCFR, Rochester, NY.
- Anderson, J. R., Nelson, B. S., & White, M. B. (2001, October). *The transtheoretical model of change in couples therapy*. Poster presented at AAMFT, Nashville, TN.

- \*\*Nelson, B. S., Higgins-Kessler, M. R., & Anderson, J. R. (2001, October). *Development of a systemic model of traumatic stress*. Workshop presented at AAMFT, Nashville, TN.
- Nelson, B. S., & Wampler (2000, November). *The relation of unresolved loss and childhood abuse to current relationship functioning in clinic couples*. Paper presented at NCFR, Minneapolis, MN.
- Higgins-Kessler, M. R., Nelson, B. S., & Jurich, A. P. (2000, November). *Clinical decision strategies with sexual abuse survivors*. Poster presented at AAMFT, Denver, CO.
- Nelson, B. S. (2000, November). *The long-term impact of trauma on veteran systems*. Poster presented at AAMFT, Denver, CO.
- Korinek, A. W., & Nelson, B. S. (1999, November). *MFT and religion: Bridging the gap in training and practice*. Roundtable presented at NCFR, Irvine, CA.
- Nelson, B. S. (1999, November). *Systemic effects of trauma on veterans and their partners: A qualitative evaluation*. Paper presented at NCFR, Irvine, CA.
- Wright, D. W., & Nelson, B. S. (1999, November). *Mentoring: Developing and expanding pre-and post-graduate training opportunities*. Roundtable presented at NCFR, Irvine, CA.
- \*\*Nelson, B. S., Wangsgaard, S., Yorgason, J., Carter-Vassol, E. L., Nelsen, T., Beggs, M., Reimer, J., & Higgins-Kessler, M. (1999, October). *Clinical approaches to single and dual trauma couples*. Workshop presented at the AAMFT, Chicago, IL.
- Nelson, B. S., & Wampler, K. S. (1999, October). *Dual trauma couples: Sharing a common bond*. Poster presented at AAMFT, Chicago, IL.
- Wampler, K. S., Shi, L., Nelson, B. S., & Kimball, T. (1999, April). *Adult attachment style and conflict resolution behaviors in a clinical sample*. Poster presented at the Society for Research on Child Development, Albuquerque, NM.
- Nelson, B. S. (1998, November). *Sleeping single in a family bed revisited: Results from a 1997 NCFR roundtable discussion*. Roundtable presented at NCFR, Milwaukee, WI.
- Lord, D., Andrews, E., and Nelson, B. S. (1998, October). *The clinical internship in an academic setting*. Roundtable presented at AAMFT, Dallas, TX.
- Nelson, B. S., & Wampler, K. S. (1998, October). *A quantitative study on the systemic effects of trauma*. Poster presented at AAMFT, Dallas, TX.
- Nelson, B. S., Clark, K., Vaughn, M., & Bryan, L. (1997, November). *Sleeping single in a family bed: The experience of single adults in MFT and family studies graduate programs*. Roundtable presented at NCFR, Arlington, VA.
- Nelson, B. S., & Wampler, K. S. (1997, September). *Secondary trauma and childhood abuse in clinic couples*. Poster presented at AAMFT, Atlanta, GA.

Wampler, K. S., Shi, L., & Nelson, B. S. (1997, April). *Self-report and interview-based approaches to the measurement of adult attachment style: An exploration of differences in a clinical sample*. Poster presented at the Society for Research on Child Development, Washington, DC.

Wampler, K. S., Shi, L., & Nelson, B. S. (1996, November). *Adult attachment style, observed couple interaction, and stress symptoms*. Poster presented at NCFR, Kansas City, MO.

### **Invited Lectures/Workshops**

Nelson Goff, B. S. (2008, November). *Family systems approaches to trauma: Understanding the impact when trauma hits home*. Workshop presented for the ASPIN Behavioral Health Clinical Network, Indianapolis, IN.

Nelson Goff, B. S., & Hawks, S. J. (2008, October). New Faculty Workshop: *Completing an assessment plan: Utilizing available tools and resources*. Assessment Showcase, Kansas State University, Manhattan, KS.

Nelson Goff, B. S., & Anderson, J. R. (2008, August). *Fort Riley Military Family Survey*. Victory Leaders Symposium, Fort Riley, KS.

Nelson Goff, B. S. (2008, May). *Family systems approaches to trauma: Understanding the impact when trauma hits home*. Keynote presented at the Mental Health America of Greater Indianapolis Conference, Indianapolis, IN.

\*\*Nelson Goff, B. S., & Irwin, L. (2008, April). *Compassion fatigue: Understanding secondary traumatic stress for ALL*. Workshop presented at the Annual Kansas Crime Victims Rights Conference, Topeka, KS.

## Nelson Goff, B. S. (2007, October). *KAHBH Community Mental Health Centers coordinators training*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.

## Nelson Goff, B. S., & Wick, S. L. (2007, September). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Kansas Emergency Management Association Annual Conference, Hays, KS.

Nelson Goff, B. S. (2007, September). *Parenting a child with Down Syndrome*. Invited lecture presented at Kansas State University, Manhattan, KS.

## Griffin, C., Rosmann, M., Wiley, J., Bulling, D., Nelson Goff, B., & Harmon, K. (2007, August). *Behavioral health preparedness, response, and recovery: Keeping people connected in times of crisis and disaster*. National Association of Rural Mental Health, Kansas City, MO.

\*\*Nelson Goff, B.S., & Strader, L. V. (2007, June). *The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress and relationship satisfaction in the next generation of veterans*. Soldier and Family Support Center, Fort Riley, KS.

- Nelson Goff, B. S. (2007, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
- \*\*Nelson Goff, B. S., & Sanders-Hahs, E. (2007, May). *Forgotten victims: Child and adolescent victims of trauma*. Boys and Girls Club, Manhattan, KS
- ## Nelson Goff, B. S., & Wick, S. L. (2007, April). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Emergency Management Support Association of Kansas Annual Conference, Mayetta, KS.
- ## Nelson Goff, B. S. (2006, November). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Community Readiness Communications Conference, Manhattan, KS.
- Nelson Goff, B. S. (2006, November). *The impact of soldiers' deployments to Iraq and Afghanistan: Secondary traumatic stress and relationship satisfaction in the next generation of veterans*. Invited workshop presented at the Coping Skills for Loving Your Veteran Seminar, Topeka, KS.
- ## Nelson Goff, B. S., & Rinehart, B. (2006, October). *KAHBH CMHC coordinators training*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
- Nelson Goff, B. S. (2006, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
- Nelson Goff, B. S. (2006, April). *Academic interviewing and developing a research program: Taming the academic hurricane*. Workshop presented at the Kansas State University Graduate School Forum, Manhattan, KS.
- Nelson Goff, B. S. (2006, January). *You mean I have a choice? Helping students establish effective learning experiences through selection of learning activities*. Workshop presented at the 4<sup>th</sup> Annual Kansas State University Teaching Renewal Retreat, Manhattan, KS.
- ## Harmon, K., & Nelson Goff, B. S. (2005, October). *Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
- ## Harmon, K., & Nelson Goff, B. S. (2005, October). *Creating local crisis teams: Preparing your community and agency*. Workshop presented at the Kansas All-Hazards Behavioral Health Symposium, Salina, KS.
- Nelson Goff, B. S. (2005, October). *Forgotten victims: Child and adolescent victims of violence and trauma*. 2005 Educational Symposium, College of Education, Kansas State University, Manhattan, KS.
- Davenport, B., Nelson Goff, B. S., Parra Cardona, R., Sandberg, J., & Werner-Wilson, R. (2005, October). *Developing a research program/Surviving the pre-tenure years*. 2005 Family Therapy Student Research Conference, Manhattan, KS.

- ## Nelson Goff, B. S. (2005, August). *The Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Invited lecture presented at the Rotary Club, Manhattan, KS.
- Nelson Goff, B. S. (2005, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
- ## Cauble, B., Dinkel, J., Griffin, C., & Nelson Goff, B. S. (2005, May). *Behavioral health preparedness and agricultural security: Learning from the past to educate the future*. KSU Agricultural & Food Security Forum, Manhattan, KS.
- \*\*Nelson Goff, B. S., & Henry, S. B. (2004, October). *The bad news, the good news, the new news: What we know and what we are learning about the effects of war trauma on veterans and their partners*. Invited workshop presented at the All Veterans Reunion, Ottawa, KS.
- Nelson Goff, B. S. (2004, June). *Forgotten victims: Child and adolescent victims of crime-related traumas*. Invited workshop presented at the Kansas Office of the Governor B.A.S.I.K. Training, Salina, KS.
- Nelson, B. S. (2003, September). *Forgotten victims: Infants and toddlers who witness violence and trauma*. Invited workshop presented for the Kansas Infant Toddler Conference, Wichita, KS.
- \*\*Nelson, B. S., Archuleta, K., & Kelley, S. (2003, April). *Post traumatic stress disorder: Beyond the basics*. Workshop presented for the Kansas Children's Service League, Salina, KS.
- Nelson, B. S., & Schwerdtfeger, K. L. (2002, August). *Beating foster care burnout*. Workshop presented for the Kansas Children's Service League, Topeka, KS.
- Nelson, B. S. (2002, June). *Weapons and war, pears and peace: Trauma and reconstruction in Bosnia-Herzegovina*. Invited lecture presented at the Hiawatha Kiwanis Club, Hiawatha, KS.
- Nelson, B. S. (2002, June). *Children and trauma: Facing a new millennium*. Workshop presented at the Topeka Family Service and Guidance Center, Topeka, KS.
- Nelson, B. S., Murphy, M., & Smith, A. (2002, May). *Developing a research program: Panel of junior researchers share advice*. Invited panel presentation at the Marriage and Family Therapy Student Research Conference, Ames, IA.
- \*\*Nelson, B. S., et al. (2002, March, April, May). *Forgotten victims: Children and adolescents who are exposed to violence and trauma*. Workshops presented for the Kansas Children's Service League, Topeka, KS.
- Nelson, B. S. (2002, April). *Weapons and war, pears and peace: Trauma and reconstruction in Bosnia-Herzegovina*. Invited lecture presented at the University of Kansas Center for Russian and East European Studies, Lawrence, KS.

- O'Conner, N. T., & Nelson, B. S. (2002, January). *The Kansas State University Family Center: The best kept secret on campus*. Invited lecture presented at the KSU College of Agricultural Workshop Series on Enhancing Teaching Effectiveness in Agriculture, Manhattan, KS.
- \*\*Nelson, B. S., & Higgins Kessler, M. R. (2001, October). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Association for the Education of Young Children, Manhattan, KS.
- Nelson, B. S. (2001, September). *Trauma and reconciliation in Bosnia-Herzegovina: Rebuilding families*. Invited paper presented at The International Conference "Children—Victims of the War and Peace," Sarajevo, Bosnia-Herzegovina.
- Nelson, B. S. (2001, September). *Weapons and war, pears and peace: The mental and physical health of war-affected children*. Invited workshop presented at the International Bureau for Children's Rights Tribunal Training Sessions, Sarajevo, Bosnia-Herzegovina.
- Nelson, B. S. (2001, June). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Topeka Family Service and Guidance Center, Topeka, KS.
- \*\*Nelson, B. S., & Higgins Kessler, M. R. (2001, April). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Franklin County Extension Service Training, Ottawa, KS.
- Nelson, B. S., Fees, B. S., & Bridgham, C. (2001, April). *Providing interdisciplinary early childhood interventions with at-risk families*. Invited workshop presented at the Kansas Attorney General's Crime Victims' Rights Conference, Wichita, KS.
- \*\*Nelson, B. S., & Higgins Kessler, M. R. (2001, February). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Children's Advocacy Day 2001, Topeka, KS.
- Nelson, B. S. (2000, December). *Trauma and reconciliation in Bosnia-Herzegovina*. Invited lecture presented at the Vernon Larson International Luncheon Series, Kansas State University, Manhattan, KS.
- Nelson, B. S. (2000, November). *Trauma and reconciliation in Bosnia-Herzegovina*. Invited lecture presented at the Rotary Club, Manhattan, KS.
- Nelson, B. S. (2000, June). *Forgotten victims: Indicators, effects, and interventions with children exposed to violence and trauma*. Invited workshop presented at the Johnson County Court Services Human Services Coalition, Olathe, KS.
- Nelson, B. S. (2000, April). *Forgotten victims: Children who witness violence and trauma*. Invited workshop presented at the Kansas Attorney General's Crime Victims' Rights Conference, Topeka, KS.
- Nelson, B. S. (2000, March). *Children and trauma: Facing a new millennium*. Invited workshop presented at the Wichita Mental Health Association Conference, Wichita, KS.

Nelson, B. S. (2000, January). *Techniques for healthy communication*. Invited address at the Traumatic Brain Injury Support Group, Manhattan, KS.

Nelson, B. S. (1999, October). *Ethics, trauma, and the helping professional*. Invited workshop presented at the Kansas Association for Marriage and Family Therapy conference, Wichita, KS.

Nelson, B. S. (1998, October). *Stress management*. Invited address at the Traumatic Brain Injury Support Group, Manhattan, KS.

Nelson, B. S. (September, 1998). *Trauma and the family*. Invited address. Kansas State University, Manhattan, KS.

### **CLINICAL EXPERIENCE**

Kansas Licensed Marriage and Family Therapist (License #0407), 1999 to 2000

Kansas Licensed Clinical Marriage and Family Therapist (License #178), 2000 to present

Full- and part-time clinical practice with individuals, families, couples, and children, 1992 to present. Settings include Kansas State University Family Center, Manhattan, KS; Colmery-O'Neil VA Medical Center, Topeka, KS; Pikes Peak Mental Health Center, Colorado Springs, CO; Texas Tech Family Therapy Clinic and Lubbock Regional Mental Health/Mental Retardation Center, Lubbock TX; Friends University Center on Family Living, Wichita VA Medical Center, and Central Community Church Family Life Counseling Center, Wichita, KS.

### **PROFESSIONAL ORGANIZATIONS**

American Association for Marriage and Family Therapy (AAMFT)

Clinical Member, 1998-present

Approved Supervisor, 1999-2007

COAMFTE Site-Visitor, 2000-2007

Ad Hoc Reviewer, AAMFT Clinical Update/Consumer Update on *Post-traumatic Stress Disorder and Intrafamilial Childhood Sexual Abuse*

Presenter at annual conferences

AAMFT Summer Research Conference

Invited participant, 1999, 2001

Kansas Association for Marriage and Family Therapy, 1992-1993, 1997-present

Presented 1999 KAMFT Ethics Conference, *Ethics, Trauma, and the Helping Professional*

Texas Association for Marriage and Family Therapy, 1995 -1997

International Society for Traumatic Stress Studies (ISTSS)

Member, 2000-present

Co-Chair, *Family Systems Approaches to Trauma Special Interest Group*

Presenter at annual conferences

Pre-Meeting Institute Proposal Reviewer, 2008

Ad Hoc Reviewer, ISTSS Fact Sheet, *Trauma and Relationships*

National Council on Family Relations (NCFR)

Member, 1996-2002

Reviewer for Family Therapy Section conference proposals, 1998-2002

Reviewer for Family Therapy Section Student Award applications, 2000  
Family Therapy Section Student/Young Professional Representative, 1998-2000  
Family Therapy Section Liaison, 2000-2002

### **EDITORIAL/REVIEW EXPERIENCE**

Editorial Board, *Journal of Marital and Family Therapy*, 2001 to present  
Manuscript Reviewer for *Journal of Marital and Family Therapy*, *Journal of Traumatic Stress*, *Journal of Family Psychology*, *Family Process*  
Reviewer, *AAMFT Clinical Update/Consumer Update on PTSD*  
Scientist Reviewer, *Post Traumatic Stress Disorder and Traumatic Brain Injury (PTSD/TBI) Research Program, Congressionally Directed Medical Research Programs (CDMRP), Department of Defense (DoD)*, 2007, 2008

### **DIDACTIC TEACHING EXPERIENCE**

Courtship and Marriage (Undergraduate)  
Family Violence (Undergraduate)  
The Helping Relationship (Undergraduate)  
Introduction to the University Honors Program (Undergraduate honors)  
Conducting Honors Research (Undergraduate honors)  
Individual and Family Assessment in MFT (Masters)  
Principles of Marriage and Family Therapy (Masters)  
Marriage and Family Therapy Practicum (Masters and doctoral)  
Trauma and the Family (Doctoral)  
Clinical Specialization in Marriage and Family Therapy (Doctoral)

### **GRADUATE STUDENT PROJECTS**

#### ***Doctoral Dissertations Advised***

Henry, S. B. (In process). *Military deployment in Operations Iraqi and Enduring Freedom: A qualitative study of trauma in soldiers and their partners.*

Morrison, J. M. (In process). *After the disaster: Lessons learned for best practice guidelines and outcomes for state disaster mental health programs.*

Wick, S. (In process). *Grief in parents of Operations Iraqi Freedom and Enduring Freedom soldiers killed during deployment.*

Smith, D. B. (Summer 2006). *The interpersonal impact of a history of individual sexual trauma in the couple system.* Unpublished doctoral dissertation, Kansas State University.

Gfeller-Strouts, L. (Fall 2004). *The development of emotional exhaustion, depersonalization, and reduced personal accomplishment in in-home family service providers.* Unpublished doctoral dissertation, Kansas State University.

Higgins Kessler, M. (Spring 2002). *Initial treatment decisions with adult survivors of childhood sexual abuse: Recommendations from clinical experts.* Unpublished doctoral dissertation, Kansas State University.

### ***Master's Theses and Reports Advised***

- Sanders-Hahs, E. (Fall 2008). *The impact of hate crime trauma on interpersonal relationships*. Unpublished master's thesis, Kansas State University.
- Hamilton, S. (Spring 2007). *Relational impact of female primary trauma in a military sample*. Unpublished master's thesis, Kansas State University.
- Newsom, K. (Fall 2006). *Mental health and relational effects in women survivors of childhood sexual abuse*. Unpublished master's report, Kansas State University.
- Fleming, E. (Spring 2006). *Women and substance use disorders*. Unpublished master's report, Kansas State University.
- Bruning, B. (Spring 2006). *The impact of hemophilia on children and their families: A new challenge for marriage and family therapists*. Unpublished master's report, Kansas State University.
- Wick, S. (Fall 2005). *Death and bereavement: An examination of public policy and the workplace*. Unpublished master's report, Kansas State University.
- Heidesch, A. (Spring 2005). *Men in therapy*. Unpublished master's report, Kansas State University.
- Hull, V. (Fall 2004). *Becoming a first generation marriage and family therapist in a general hospital setting*. Unpublished clinical specialty master's report, Kansas State University.
- Schwerdtfeger, K. L. (Summer 2004). *Intergenerational transmission of trauma: Exploring mother-infant prenatal attachment*. Unpublished master's thesis, Kansas State University.
- Frick, R. (Spring 2003). *Spirituality, religion and therapy: A look at two different worlds, the challenges that occur and the bridges between them*. Unpublished master's report, Kansas State University.
- Carter Robinson, S. (Spring 2003). *Intimate partner violence among high school and college students*. Unpublished master's report, Kansas State University.
- Dunbar Clark, C. (Summer 2002). *Puberty, the self, and the family*. Unpublished clinical specialty master's report, Kansas State University.
- Anderson, J. R. (Fall 2001). *The transtheoretical model of change applied to couples therapy*. Unpublished master's thesis, Kansas State University.
- Parry, M. (Fall 2000). *Working with adjudicated adolescents*. Unpublished clinical specialty master's report, Kansas State University.

### ***Undergraduate Research Projects Advised***

- Gurss, H. (in process). *Current relationship satisfaction trends in a sample of OIF/OEF soldiers and partners*.

- Irwin, L. (in process). *Compassion fatigue: Training for family members and professionals*.
- McCluney, S. (in process). *Operation FAST: Family Adaptation and Sustainability Training for Kansas National Guard families*.
- Monk, J. K. (in process). *Development of a trauma studies and conflict resolution minor at Kansas State University*.
- Doyle, T. (2007). *Coming home: The impact of military deployments to Iraq and Afghanistan on relationship satisfaction*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS. (\*Joint project with L. Vargas Strader)
- Vargas Strader, L. (2007). *Coming home: The impact of military deployments to Iraq and Afghanistan on relationship satisfaction*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS. (\*Joint project with T. Doyle)
- Vargas, L. (2006). *The Kansas All-Hazards Behavioral Health Program: Preparedness, response, and recovery for Kansas communities*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
- Bateman, L. (2003). *The effects of traumatic events on couple relationships*. Unpublished undergraduate Developing Scholars Program project, Kansas State University, Manhattan, KS.
- Von Fange, K. A. (2003). *The effects of violence on intimate relationships of women*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.
- Darnauer, J. C. (2000). *Parental satisfaction during the empty nest*. Unpublished undergraduate honors project, Kansas State University, Manhattan, KS.

### **Other Student Projects**

#### **Trauma Research, Education, and Consultation at K-State (TRECK) Team**

In the Fall 1998 semester, I organized a focus group of four graduate students with interests in the area of traumatology. Since 2002, the group has seen incredible growth. Over 100 students have been involved in the TRECK Team since it began in 1998. Members of the team, both undergraduate and graduate, have submitted and published professional journal articles; presented workshops at state, national, and international conferences; provided workshops and education for non-professionals and community members throughout Kansas; and provided clinical therapy services for trauma survivors and their family members.

### **UNIVERSITY COMMITTEES/ACTIVITIES**

#### **Kansas State University**

- University Performance Agreement Task Force (2009 to present)
- University Human Subjects Institutional Review Board (2006 to present)
- University President's Commission on Multicultural Affairs (2006 to present)
- University International Activities Committee (2006 to present)
- University Distinguished Lectures Committee (2005 to present)

University Diversity Award Selection Committee (2006 to present)  
University Assessment Facilitators Committee (2006 to present)  
University Kassebaum Scholars Selection Committee (2008)  
Kauffman Scholars Summer Institutes at K-State (2006, 2007, 2008)  
K-State for ALL! Committee (2007 to present)  
KSU Ombudsperson (July to August 2005; unable to continue due to new administrative position)  
FSHS Priority Setting Committee, Chair (2005-2006)  
University Undergraduate Research Experiences Committee (2004 to present)  
KSU Office of International Programs Search Committee (2006)  
Faculty Advisor, *Trauma Research, Education, and Consultation at K-State (TRECK) Program* (1998 to present)  
Faculty Advisor, *American Red Cross Club of Kansas State University* (2001-2004)  
Faculty Mentor, *Developing Scholars Program* (2002-2007, 2008 to present)  
Faculty Mentor, *Kansas Bridges to the Future Program* (2005, 2008)

College of Human Ecology/School of Family Studies and Human Services  
CHE Honors Program Coordinator (2005 to present)  
CHE Diversity and Internationalization Committee, Chair (2005-2008)  
CHE Diversity Point Person (2005-2008)  
CHE Academic Standards Committee (2006-2008)  
CHE Sego Award Selection Committee (2007-2008)  
CHE Legacy of Excellence Planning Committee (2008)  
CHE Internationalization Review Committee (2004)  
CHE Associate Dean of Scholarship and Research Search Committee (2004)  
CHE Faculty Search Committee (1999, 2006)  
CHE Faculty Affairs Committee (1999-2000)  
Co-advisor for Kappa Omicron Nu Honor Society (2005 to present)  
FSHS Student Advising Ad Hoc Task Force (1999-2003)  
Family Center Ad Hoc Task Force (2000)

## **COMMUNITY COMMITTEES/ACTIVITIES**

Riley County Critical Incident Stress Management Team  
American Red Cross, Riley County Chapter  
Disaster Action Team member  
Service Delivery Team member  
Board of Directors member, 2001-2004  
DSHR Member, assisted with Super typhoon Pongsona, Guam recovery efforts,  
Dec 2002-Jan 2003

Flint Hills Down Syndrome Family Group, Co-Coordinator

Invited presenter at numerous state organizations