

December, 2008

## VITA

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**Business Address:** School of Family Studies and Human Services  
Kansas State University  
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Manhattan, KS 66506-1403  
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**Phone:** (785) 532-1489

### **Education:**

B.S. -- 1968 Cornell University, Ithaca, NY  
B.S. with distinction Home. Ec. Ed., additional work at the  
Merrill-Palmer Institute, Detroit, MI, 1967

M.A. -- 1972 University of Minnesota, Minneapolis, MN  
M.A. Sociology

Ph.D. -- 1975 University of Minnesota, St. Paul, MN  
Ph.D. Family Social Science

### **Professional Experience:**

2006-2011 Professor of Family Studies and Human Services (Phased Retirement )  
and member of graduate faculty, Kansas State University

1990 -2006 Vera Mowery McAninch Professor of Family Studies and Human  
Services and member of graduate faculty, Kansas State University

1986 - 1990 Professor, Department of Human Development and Family Studies and  
member of graduate faculty, Kansas State University

1979 - 1986 Associate Professor, Department of Family and Child Development and  
member of graduate faculty, Kansas State University

1980 Visiting Associate Professor, Department of Family Social Science,  
University of Minnesota, Summer 1980

1974 - 1979 Assistant Professor, Department of Family and Child Development and

member of graduate faculty, Kansas State University

1970 - 1974 Teaching Associate, Family Studies, University of Minnesota

**Honors:**

Honorary Societies

Alpha Lambda Delta  
Omicron Nu (President 1967-1968)  
Phi Lambda Theta  
Phi Kappa Phi  
Mortar Board

Honorary Fellow, Alpha Lambda Delta, 1969

NIMH Family Sociology Trainee, 1969

Excellence in Teaching Award, KSU, 1982

Fellow, American Association for Marriage and Family Therapy, 1986

Vera Mowery McAninch Endowed Chair, 1990-2006

Professional Service Award, Kansas Association for Marriage and Family Therapy, 2003

Myers-Alford Teaching Award, College of Human Ecology, Kansas State University,  
2004

**Professional Organizations:**

American Association for Marriage and Family Therapy (clinical member)  
National Secretary and Board of Directors, 1985-1988  
Approved Supervisor, 1985-present  
Fellow, 1986  
Elections Committee, 1987-1990  
Ethics Committee, 1987-1990

Kansas Association for Marriage and Family Therapy  
Board of Directors, 1979-1983  
Vice President, 1980-1981  
President, 1981-1982  
Editor, Newsletter, 1983-1984  
Legislative Committee, 1984-1991

National Council on Family Relations (NCFR) (1970-2005)  
Family Therapy Section - 2003  
Personnel Committee, 1981-1984  
Family Therapy Section Elections Committee, Chair, 1997-1999  
Family Therapy Section Elections Committee member 2000-2003

**Professional Registration:**

Kansas LCMFT License #207

**Supervised Clinical Experience in Marriage and Family Therapy:**

Student Health Service Mental Hygiene Clinic University of Minnesota	Primarily conjoint marital therapy
Hennepin County Court Services Domestic Relations Division Minneapolis, MN	Primarily marriage and divorce therapy in conjoint and group settings -- some conjoint family counseling.
Philadelphia Child Guidance Clinic Civic Center Blvd. Philadelphia, PA	Conjoint family therapy from the eco-structural perspective, often with single-parent families
The Menninger Foundation Topeka, KS	Marriage and Family Therapy Training Program Community Practitioners -- structural, strategic, and Bowen theories/techniques of intervention

**Courses Taught:**

Principles of Marriage and Family Therapy  
Advanced Family Therapy  
Seminar in Marital Therapy  
Professional Studies in Marriage and Family Therapy  
Structured Interventions for Families  
Family Crisis  
Family: Components and Issues (family theory)  
Readings in Clinic vs. Non-Clinic Family Interaction  
Marital Interaction  
Issues in Family Measurement  
Practicum in Family and Community Services (family life education)  
Practicum in Research  
Practicum in Marriage and Family Therapy  
Topics in Marital Therapy

Individual and Family Assessment  
Seminar in Supervision of Marital and Family Therapy  
Practicum in Supervision of Marriage and Family Therapy  
Seminar: Family Processes Around Food and Alcohol  
Family Systems in Cultural Context

**Editorial and Advisory Boards:**

Reviewer: *Family and Consumer Sciences Research Journal*, 1999-2006

Reviewer: *American Journal of Orthopsychiatry*, 1994-2000

Ad Hoc Reviewer for *Family Process* and *Journal of Marital and Family Therapy*

Managing Editor: *AAMFT Forms Book*, 2001

Reviewer: "Family and Relational Issues" in American Psychiatric Association (2000).  
*Handbook of Psychiatric Measures*.

Member: National Advisory Committee for Professional Examination in Marriage and  
Family Therapy, 1991-1996

Editorial Board: *Journal of Marital and Family Therapy*, 1991-1995

Reviewer: *Journal of Home Economics Research*, 1991-1993

Associate Editor: *Family Therapy Glossary*, AAMFT, 1992

Associate Editor: *Family Science Review*, 1987-1990

Co-editor: *Journal of Psychotherapy and the Family*, special double issue: A Circumplex  
Model: Systemic Assessment and Intervention, 1988

Editorial Board for Special Issue of *Journal of Family Issues* on The Transition to  
Parenthood, 1985

Associate Editor: *Family Studies Review Yearbook*, 1982-1985

Editorial Board for Special Issue of *The Family Coordinator* on Family Stress, Coping  
and Adaptation, October 1980

**Refereed Journal Articles and Book Chapters:**

Russell, C.S. (1974). Transition to parenthood: Problems and gratifications. *Journal of Marriage and the Family*, 36(2), 294-302. Reprinted in Eshleman, J.R., & Clarke, J. (Eds.). (1977). *Intimacy, Marriage and the Family*. Allyn and Bacon. Reprinted in Leslie, G. (Ed.). (1977). *People, Marriages and Families*. Wiley.

Olson, D.H., Sprenkle, D.H., & Russell, C.S. (1979). Circumplex model of marital and family systems I: Cohesion and adaptability dimensions, family types and clinical applications. *Family Process*, 18, 3-28.

Olson, D.H., Russell, C.S., & Sprenkle, D.H. (1979). Circumplex model of marital and family systems II: Empirical studies and clinical interventions. In Vincent (Ed.), *Advances in family intervention, assessment and theory*. Greenwich, CT: JAI Press.

Russell, C.S. (1979). Circumplex model of marital and family systems III: Empirical evaluation with families. *Family Process*, 18(1), 29-45. Sections reprinted in Simon, F., Wynne, L., & Stierlin, H. *The language of family therapy: A systematic vocabulary and source book*. Family Process Press, 1985.

Russell, C.S. (1980). Unscheduled parenthood: Transition to >parent= for the adolescent. *Journal of Social Issues*, 36, 45-63.

Russell, C.S. (1980). A methodological study of family cohesion and adaptability. *Journal of Marital and Family Therapy*, 6, 459-470.

Olson, D.H., Russell, C.S., & Sprenkle, D.H. (1980). Marital and family therapy: A decade review. *Journal of Marriage and the Family*, 42, 973-993.

Anderson, S.A., & Russell, C.S. (1982). Utilizing process and content in designing paradoxical interventions. *The American Journal of Family Therapy*, 10, 48-60.

Russell, C.S., & Olson, D.H. Circumplex model of marital and family systems: Review of empirical support and elaboration of therapeutic process. In Bagarozzi, Jurich, & Jackson, *New perspectives in marriage and family therapy: Issues in theory, research and practice*. Human Sciences Press, 1983.

Anderson, S.A., Russell, C.S., & Schumm, W. (1983). Perceived marital quality and family life cycle categories. *Journal of Marriage and the Family*, 45(1), 127-139. Sections reprinted in Bee, H.L. *The Journey of Adulthood*, Macmillan, 1987.

Olson, D.H., Russell, C.S., & Sprenkle, D.H. (1983). Circumplex Model of Marital and Family Systems VI: Theoretical Update. *Family Process*, 22, 69-83. Reprinted in *Terapia familiare: Rivista interdisciplinare di ricerca ed intervento relazionale*, Milan, Italy, N. 18, 1985.

Russell, C.S., Olson, D.H., Sprenkle, D.H., & Atilano, R.B. (1983). From Symptom to Family systems: Review of family therapy research. *The American Journal of Family Therapy*, *11*, 3-11.

Russell, C.S., Atilano, R.B., Anderson, S.A., Jurich, A.P., & Bergen, L.P. (1984). Intervention strategies: Predicting family therapy outcome. *Journal of Marital and Family Therapy*, *10*, 241-251.

Grover, K.J., Bergen, L.P., Russell, C.S., & Schumm, W.R. (1984). The Kansas marital satisfaction scale: A further brief report. *Psychological Reports*, *54*, 629-630.

Russell, C.S., Bagarozzi, D.A., Atilano, R.B., & Morris, J.E. (1984). A comparison of two approaches to marital enrichment and conjugal skills training: Minnesota couples communication program and structured behavioral contracting. *American Journal of Family Therapy*, *12*, 13-25.

Anderson, S.A., Atilano, R.B., Bergen, L.P., Russell, C.S., & Jurich, A.P. (1985). Intervention strategies, spouses' perceptions and dropping out of marriage and family therapy. *American Journal of Family Therapy*, *13*, 39-54.

Grover, K.J., Russell, C.S., Schumm, W.R., & Bergen, L.P. (1985). Mate selection processes and marital satisfaction. *Family Relations*, *34*, 383-386.

Jurich, A.P., & Russell, C.S. (1985). The conflict between the ethics of therapy and outcome research in family therapy. In Andreozzi, L.L. & Levant, R.F. (Eds.). *Integrating Research and Clinical Practice*, Rockville, MD, Aspen, pp. 90-97.

Russell, C.S., Griffin, C.L., Flinchbaugh, C.S., Martin, M.J., & Atilano, R.B. (1985). Coping Strategies Associated with Intergenerational Transfer of the Family Farm. *Rural Sociology*, *50*, 361-376.

Jurich, A.P., & Russell, C.S. (1987). *Family therapy with rural families in a time of farm crises*. *Family Relations*, *46*, 364-367.

Russell, C.S. (1988). Marriage under stress: A research perspective. Chapter in Nunnally, Chilman, & Cox: *Troubled Relationships*, Sage, Ch. 1, pp. 17-29.

McCollum, E., Schumm, W.R., & Russell, C.S. (1988). Reliability and validity of the KFLS in a predominantly middle-aged sample. *Psychological Reports*, *62*, 95-98.

Kuehl, B., Schumm, W.R., Russell, C.S., & Jurich, A.P. (1988). How do Subjects interpret items in Olson=s FACES scale? *Educational and Psychological Measurement*, *48*, 247-253.

Russell, C.S. (1988). Symptoms as Regulators of Distance and Change. *Journal of Psychotherapy and the Family*, 4, 79-91.

Russell, C.S., & Drees, C. (1989). What's the Rush? -- A Negotiated Slow-Down. In Crosby, J. (Ed.): *When one wants out and the other doesn't: Doing therapy with polarized couples*, Brunner/Mazel.

Russell, C.S. (1989). Multiple perspectives on normal family functioning. *Journal of Family Psychology*, 3, 299-302.

McCollum, E., & Russell, C.S. (1992). Mother - blaming in family therapy: An empirical investigation. *American Journal of Family Therapy*, 20, 71-76.

Russell, C.S. (1993). Family development theory as revised by Rodgers and White: Implications for practice. In Boss, Doherty, LaRossa, Schumm & Steinmetz (Eds.): *Source book of Family Theories and Methods: A Contextual Approach*. N.Y.: Plenum, 255-258.

Rotz, E., Russell, C.S., & Wright, D.W. (1993). The pastor doing marital therapy: Strategies for avoiding collusion with the spiritually one-up spouse. *Journal of Marital and Family Therapy*, 19, 369-375.

Jurich, A.P., & Russell, C.S. (1993). Marital therapy in the Twenty-First Century. In Brubaker, T.H. (Ed.): *Family Relations: Challenges for the Future*. Nuwbury Park, CA: Sage.

Russell, C.S. (1994). Responsibility to research participants. In Brock, G. (Ed.): *AAMFT Ethics Casebook*, 85-88. American Association for Marriage and Family Therapy, Washington, DC.

White, M.B., & Russell, C.S. (1995). The essential elements of supervision systems: A modified Delphi study. *Journal of Marriage and Family Therapy*, 21, 33-53.

White, M.B., & Russell, C.S. (1997). Examining the multifaceted notion of isophomorphism in marriage and family therapy supervision: A quest for conceptual clarity. *Journal of Marital and Family Therapy*, 23, 315-333.

White, M.B., Edwards, S.A., & Russell, C.S. (1997). The essential elements of successful marriage and family therapy: A modified Delphi study. *American Journal of Family Therapy*, 25, 213-231.

Christensen, L., Russell, C.S., Miller, R., & Peterson C.M. (1998). The process of change in couples theory: A qualitative investigation. *Journal of Marital and Family Therapy*, 24, 177-188.

Dermer, S.B., Hemesath, C.W., & Russell, C.S. (1998). Feminism and solution-focused theory. *American Journal of Family Therapy*, 26, 239-250.

Russell, C. S., & Peterson, C. M. (1998). The management of personal and professional boundaries in marriage and family therapy training programs. *Contemporary Family Therapy*, 24, 457-470.

Russell, C. S. (2002). Fishing for gender equality: A commentary. Chapter in Baptiste, D. (Ed.). *Clinical Epiphanies in Marriage and Family Therapy: A Practitioner's Casebook of Therapeutic Insights, Perceptions, and Breakthroughs*, New York, Haworth Press, pp.193-199.

Olson, M.M., Russell, C.S. & White, M. (2002). Technical implications for clinical supervision and practice. *The Clinical Supervisor*, 20, 201-215.

Olson, M.M, Russell, C.S., Higgins-Kessler, M., & Miller, R.M. (2002). Emotional processes following disclosure of marital infidelity. *Journal of Marital and Family Therapy*, 28, 423-434.

Russell, C.S., & Peterson, C.M. (2003). Student impairment and dismissal in accredited marriage and family therapy programs. *Journal of Marital and Family Therapy*, 29, 329-337.

Olson, M.M. & Russell, C.S. (2004) The process of conjoint psychotherapy: A qualitative and quantitative investigation of clients' perceptions of change. *Contemporary Family Therapy*, 26 (3), 261-278.

Russell, C.S., White, M.B., & Parker White, C. (2006). Why Me? Why Now? Why MS?: Meaning Making and Perceived Quality of Life in a Midwestern Sample of MS Patients. *Families, Systems, & Health*, 24 (1), 65-81..

Parker White, C., White, M.B., Russell, C.S. (2007). Multiple sclerosis patients talking with health care providers about emotions: Correlates with illness cognitions, health locus of control, mental health, and quality of life. *Journal of Neuroscience Nursing*, 39 (2), 89-102.

Russell, C.S., DuPree, W.J., Beggs, M.A., Peterson, C.M., & Anderson, M.P. (2007). Responding to Remediation and Gatekeeping Challenges in Supervision. *Journal of Marital and Family Therapy*, 33, 225-242.

Parker White, C., White, M.B. & Russell, C.S. (2008). Invisible and visible symptoms of multiple sclerosis: Which are more predictive of health distress?. *Journal of Neuroscience Nursing* , 40 (2), 85-102.

**Monographs:**

Olson, D.H., Russell, C.S., & Sprenkle, D.H. (Eds.) (1989). *Circumplex model: Systemic assessment and treatment of families*. New York: Haworth Press.

Everett, C., Keller, J., & Russell, C.S. (Eds.). (1992). *Family Therapy Glossary*, American Association for Marital and Family Therapy, Washington, DC.

**Selected Professional Papers, Panels, and Workshops:**

*Model of family functioning: Description of research evaluation*. (1975, August). Paper given at the annual meeting of the National Council on Family Relations, Salt Lake City, UT.

*Transition to parenthood and beyond*. (1975, August). Paper given at the annual meeting of the National Council on Family Relations, Salt Lake City, UT.

*The systems approach to therapy*. (1975, November). Presentation at the Central Midwest Association of Marriage and Family Counselors, Kansas City.

*Techniques for teaching family relations*. (1976, July). Workshop at annual meeting of American Home Economics Association, Minneapolis, MN.

*Dialogue with Carl Whitaker*. (1977, April). Panel Discussant, Family Studies Center, University of Missouri, Kansas City, MO.

*Recent research on the family: Implications for home economists*. (1978, April). Keynote address to Massachusetts Home Economics Association, Boston, MA.

*Circumplex model of marital and family systems: Implications for training beginning therapists*. (1979, May). Presentation given at Midwest Conference on Marital and Family Therapy, Kansas State University, Manhattan, KS.

*A competency-based program for training family therapists*. (1979, October). Panel presentation with D. Bagarozzi, A. Jurich, & R. Jackson at annual conference of American Association for Marriage and Family Therapy, Washington, DC.

*Identifying change inducing components in structured communication training for couples*. (1980, October). Panel presentation at meeting of National Council on Family Relations, Portland, OR.

*Refinements and applications of family role transition theory*. (1980, October). Discussant at Theory and Methods Workshop, annual meeting of National Council on Family Relations, Portland, OR.

*Family cohesion and adaptability as predictors of bereavement outcome*. (1980,

November). Paper given at annual meeting of the Forum on Death Education and Counseling, Kansas City.

*The circumplex model of marital and family systems.* (1981, January). Workshop for Community Pastoral Counseling and Consultation Center, Lutheran General Hospital, Park Ridge, IL.

*Issues in family therapy.* (1981, April). In-service training for North Central Guidance Center, Manhattan, KS.

*The intergenerational transfer of poverty as a critical transition among farm families.* (1981, October). Round table given at annual meeting of the National Council on Family Relations, Milwaukee, WI.

*A framework for understanding family interactions.* (1982, March). In-service training for Community Mental Health Activity, Ft. Riley, KS.

*Structural family therapy.* (1983, January). In-service training for Kansas Association of Social Workers, Manhattan, KS.

*A comparison of two approaches to training couples in communication skills.* (1984, May). Family Strengths Conference, Lincoln, NE.

*Family therapy interventions as related to therapy outcome.* (1984, October). Paper given at annual meeting of the American Association for Marriage and Family Therapy, San Francisco, CA.

*Assessment in family therapy.* (1985, October). Networking session at annual meeting of the American Association for Marriage and Family Therapy, New York City, NY.

*Supervision and consultation.* (1986, February). Panel presentation at conference on The Mental Health Profession in Private Practice, Kansas Mental Health Counselors Association, Topeka, KS.

*The leader and his/her family.* (1986 and 1987, March). Workshop for Chamber of Commerce Leadership Conference, Manhattan, KS.

*Juggling family and work.* (1986, May). Presentation to Women=s Conference, Kansas Social and Rehabilitation Service, Topeka, KS.

*Rural families under stress: Can we really help?* (1986, June). Panel presentation at AHEA Annual Meeting, Kansas City.

*Supervision of inexperienced trainees in marriage and family therapy.* (1987,

October). National Council on Family Relations, Atlanta, GA.

*Ethical and legal issues in marriage and family therapy.* (1988, October). Annual meeting of the American Association for Marriage and Family Therapy, New Orleans, LA.

*Pastoral counseling in rural communities: A response.* (1988, November). Eighth Annual Working with Families Conference, Manhattan, KS.

*Integrating individual and family therapy.* (1990, October). In-service training, University Counseling Center, Kansas State University, Manhattan, KS.

*Ethics of supervision in marriage and family therapy.* (1990, October). Annual meeting of the American Association for Marriage and Family Therapy, Washington, DC.

*The circumplex model FACES the 90's.* (1991, November). Symposium conducted at annual meeting of the National Council on Family Relations, Denver, CO.

*Ecosystemic model of eating disorders: A clinician's guide.* (1994, November). Poster session at annual meeting of American Association for Marriage and Family Therapy, Chicago, IL, with E. Doebler-Irvine, L. Christensen, and C. Peterson.

*Coping & stress & the ADHD family: A mother's view.* (1994, November). Poster session at annual meeting of American Association for Marriage and Family Therapy, Chicago, IL, with J. Furrow.

*Clients perceptions regarding change in couple's therapy: How the consumer understands the process of change.* (1994, November). Annual meeting of National Council on Family Relations, Minneapolis, MN, with C. Peterson, L. Christensen, and R. Miller.

*Identification and assessment of a rural helping network.* (1994, November). Annual meeting of National Council on Family Relations, Minneapolis, MN, with A. Jurich, D. Wright, and S. Abbott.

*Working with individuals in a family context: Strategies for counseling on campus.* (1994, December). In-service training for Lafene Student Health Service, Kansas State University, Manhattan, KS.

*Women's mental health issues.* (1995, January). Annual extension update, Kansas State University, Manhattan, KS.

*Painting a picture for students: Using art to illustrate marriage and family therapy concepts.* Paper presented with Shannon Dermer and Traci Stringer-Seibold at

the National Working with Families Conference, Kansas State University, Manhattan, KS, September 27, 1996.

*Mentoring students and supervisees: The management of personal and professional boundaries.* Paper presented with Colleen M. Peterson at the National Council on Family Relations annual meeting, Kansas City, MO, November 10, 1996.

*The Essentials of Supervision.* AAMFT Summer Institute, Sante Fe, NM, August 3-7, 1997. (A 30 hour course meeting didactic and interactional requirements for Approved Supervision Status.)

*Supervision Ethics.* Workshop at annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA, September 1997.

*Developing a Personal Model of Supervision.* Workshop at annual meeting of the American Association for Marriage and Family Therapy, Dallas, TX, October 16, 1998.

*Emotional Processes Following Disclosure of Infidelity.* Poster session at the National Council on Family Relations, Minneapolis, MN, November, 2000.

*Gate-keeping in Accredited MFT Programs: Balancing needs of stakeholders.* Paper presented at National Council on Family Relations in Houston, TX, November, 2002.

*Couple therapy process and clients' perceptions of change.* Poster session at annual meeting of American Association of Marriage and Family Therapy, Long Beach, CA, October 17, 2003.

*Grievance and dismissal policies in accredited marriage and family therapy programs.* Poster session at annual meeting of National Council on Family Relations, Vancouver, BC, November 22, 2003.

*Multiple Sclerosis, Meaning Making and Emotions.* Poster at annual meeting of the American Association for Marriage and Family Therapy, Kansas City, MO, October 21, 2005.

*Family business and marital quality: An example from the farm.* Poster at the annual meeting of the American Association for Marriage and Family Therapy, Austin, TX, October 20, 2006.

**Master's Theses Supervised:**

Schirer, J. (1979). *Communication styles, reciprocity and marital adjustment.* Unpublished master's thesis, Kansas State University.

Benigas, J. (1980). *Circumplex model of marital and family systems: Empirical test with foster families*. Unpublished master's thesis, Kansas State University.

Olsen, C.S. (1980). *Communication work style and marital satisfaction among single and dual-worker couples*. Unpublished master's thesis (with S. Bollman), Kansas State University.

Cambria, S. (1983). *Children as informants on household division of labor*. Unpublished master's thesis, Kansas State University.

Earle, M.R. (1985). *The home environment and maternal alienation: Their relationship to the social development of children*. Unpublished master's thesis (with R. Poresky), Kansas State University.

Hoadley, F.E. (1994). *U.S. Army family life chaplain training: A modified Delphi study establishing training goals and comparing trainee feedback*. Unpublished master's thesis, Kansas State University.

Tikoo, M. (1998). A review of cultural literature (1988-1998) as a resource for MFT therapists and related professions. Unpublished master's report, Kansas State University.

Walsh, J. (1998). *Launching without wings: An exploration of the impact of parentification on late adolescence*. Unpublished master's thesis, Kansas State University.

Ailshie, T. (2000). *Great expectations: Impact of unrealistic expectations of pre-marital couples*. Unpublished master's report. Kansas State University.

Reimer, J. (2000). *Male victims of incest: Impact, treatment models and ethical considerations*. Unpublished master's report. Kansas State University.

Trujillo, S. (2001). *Gay and lesbian clients: Guidelines and recommendations for heterosexual therapists*. Unpublished master's report. Kansas State University.

Muhwezi, S. (2001). *The experience of African American clients in therapy: Implications for marriage and family therapists*. Unpublished master's report. Kansas State University.

Reicker, M. I. (2001). *Utilizing drama therapy techniques within models of marriage and family therapy practice*. Unpublished master's report. Kansas State University.

Williams, K. C. (2003). *An Exploration of the effects of a child's disability on*

siblings, mothers and fathers. Unpublished master's thesis, Kansas State University.

Young, J. (2003). Homosexual stepfamilies. Unpublished master's report. Kansas State University.

Berg, N. (2003). Newlyweds' marital experiences: An application to marriage preparation. Unpublished master's thesis, Kansas State University.

Archuleta, K. (2005). Farm wives' level of involvement in the financial management of the farm operation and their perception of marital quality. Unpublished master's thesis, Kansas State University.

Amanor-Boadu, Y. (2006). Culturally competent therapy with migrant families. Unpublished master's report, Kansas State University.

Osborn, T. (2006). To give or not to give: A rural inheritance decision. Unpublished master's report. Kansas State University.

### **Doctoral Dissertations Supervised:**

Anderson, S.A. (1982). *Family stress and coping resources surrounding transition of the oldest child's school entry*. Unpublished doctoral dissertation, Kansas State University.

Atilano, R.B. (1982). *Comparison of a nurse-alone and spouse-added group support program: Impact on psychological, relationship and occupational well being*. Unpublished doctoral dissertation, Kansas State University.

Paff Bergen, L. (1985). *Videotaped modeling of a strategic family therapy intervention: Impact of known and unknown models*. Unpublished doctoral dissertation, Kansas State University.

Stricklin, G.J. (1985). *Doctoral student - faculty relationships in marriage and family therapy programs as mediated by personal authority*. Unpublished doctoral dissertation, Kansas State University.

McCollum, E.E. (1986). *Bowen's concept of emotional connectedness to spouse and family of origin as a moderator of the relationship between stress and individual well-being*. Unpublished doctoral dissertation, Kansas State University.

Stith, S.M. (1986). *Police officer response to marital violence predicted from the officers' attitudes, stress, and marital experience: A path analysis*. Unpublished doctoral dissertation, Kansas State University.

Day, L.H. (1988). *Intergenerational distancing and its relationship to individual, family and occupational functioning: A partial test of Bowen theory*. Unpublished doctoral dissertation, Kansas State University.

Weiner, E.L. (1990). *Bowen's concept of emotional connectedness to former spouse and family of origin as a moderator of health in a divorced population: A partial test of Bowen theory*. Unpublished doctoral dissertation, Kansas State University.

White, M.B. (1992). *The essential elements of therapeutic and supervisory systems: A modified Delphi study on the process of supervision in marriage and family therapy*. Unpublished doctoral dissertation, Kansas State University.

Furrow, J.L. (1993). *Maternal perceptions of problem behavior, emotional stress and coping behavior in parenting children with attention and behavior problems: A proposed model of parental stress and coping*. Unpublished doctoral dissertation, Kansas State University.

Rathbun, S.W. (1995). *Control structures and control processes in a sample of church attending Caucasian families: A contribution to the family interaction literature*. Unpublished doctoral dissertation, Kansas State University.

Peterson, C.M. (1995). *An investigation of dual relationships in MFT supervision: Their formation, management, and consequence*. Unpublished doctoral dissertation, Kansas State University.

Dermer, S.B. (1998). *Therapists in training: A qualitative study of the fears and concerns of novice marriage and family therapists*. Unpublished doctoral dissertation, Kansas State University (co-chair with R. Miller).

Seibold, J. (1998). *The Experiences of Master's Level Marriage and Family Therapy Students in Their Off-Campus Placements*. Unpublished doctoral dissertation, Kansas State University.

Stringer-Seibold, T. (1998). *Therapists' Experiences in Their Own Therapy: Impact on the Development of the Therapist*. Unpublished doctoral dissertation, Kansas State University.

Olson, M.M. (2001). *Clients' perceptions of the process of couple therapy: A qualitative and quantitative investigation*. Unpublished doctoral dissertation, Kansas State University.

Masi, M. (2003). *The impact of psychotherapy clients on marriage and family therapists*. Unpublished doctoral dissertation, Kansas State University.

Gfeller Strouts, L. (2004). The development of emotional exhaustion,

depersonalization, and reduced personal accomplishment in in-home family service providers. Unpublished doctoral dissertation, Kansas State University. (Briana Nelson Goff, co-major professor).

Maxwell, K. (2004). The impact of managed care: Examining the professional identity of the marriage and family therapist in private practice. Unpublished doctoral dissertation, Kansas State University.

Macchi, C.R. (2006). Systemic Change Processes: A framework for exploring weight loss and weight loss maintenance processes within the individual and family context. Unpublished doctoral dissertation, Kansas State University.

DuPree, W. J. (2007). Examining Marriage and Family Therapists in non-traditional areas of application: An ecological systems theory of creativity approach. Unpublished doctoral dissertation, Kansas State University.

### **Funded Research:**

Intergenerational transfer of the family farm: Coping strategies and social support. Kansas Agricultural Experiment Station Project No. R-212. \$18,000 over three years.

Outcome effectiveness of family therapy from a systems perspective. Kansas Agricultural Experiment Station Project No. R-448. \$10,137 over two years.

Transfer of positive therapy outcome from child to parent in Kansas families. Kansas Agricultural Experiment Station Project No. 12-555. \$6,000 for 1985-87.

Long-term cross-gender friendships. Faculty Development Grant, Kansas State University. \$2,000 for 1988.

Family therapy services in urban and rural areas of Kansas: A needs assessment. Kansas Agricultural Experiment Station Project No. H828. \$6,000 for 1990.

Couples' perceptions of the process of marital therapy. College of Human Ecology, AES GRA Grant. \$7,200 for 1994-95.

Post-Affair Spousal Relationships. College of Human Ecology, AES GRA Grant. \$4000 for 1998-1999.

Quality of Mental Health Care in Multiple Sclerosis. Submitted to National MS Society. \$96,581. Submitted but not funded, January 2003.

Illness Representations in Multiple Sclerosis: Impact on Self and Relationships.

College of Human Ecology. \$2000, 2003-2004.

**Major Committee and Administrative Responsibilities:**

Faculty Senate, 1979-1982

Executive Committee, 1981-1982

Department Head Search Committee, Chair, 1979-1980

College Academic Reinstatement Committee, 1977-present

College Honors Committee, 1978-1982

Marriage and Family Therapy Committee, Chair, 1977-1981; 1982-1994

College of Education Human Subjects Committee, 1983-1994

Ph.D. Coordinating Committee, College of Home Economics, 1984-1990

Ph.D. Review Committee, College of Home Economics, Chair, 1984

University Committee on Research Involving Human Subjects, 1985-1989

Faculty Senate Subcommittee on Academic Fraud, 1987

President's Task Force on Non-Sexist Environment, 1987

University Committee on Creating a Gender-Sensitive Environment, 1987

University Committee on Academic Integrity, 1987

Provost's Advisory Committee on Goals and Aspirations, 1992-1993

COAMFTE-Accredited Marriage and Family Therapy Program, Director, 1982-1994.

Agricultural Experiment Station, Umbudperson, 1995-1997

University Teaching Scholar Committee, Chair, 1996

University Undergraduate Grievance Committee, 1994-present

University Small Research Grants Review Committee, 1997-2000

College of Human Ecology Reinstatement Committee, 1990 - present

College of Human Ecology Open House Committee, 2000 - present

FSHS Ad Hoc Committee on Tenure, Promotion & Annual Performance Review 2000-2001 (co-chair)

FSHS Ad Hoc Committee on Work Load, 2002 (co-chair)

### **BRIEF DESCRIPTION OF SCHOLARLY ACCOMPLISHMENTS**

Dr. Russell is co-developer (along with David Olson of the University of Minnesota and Douglas Sprenkle of Purdue University) of the Circumplex Model of Marital and Family Systems. This model conceptually integrates 3 major dimensions of family process and identifies 16 styles of family functioning. The significance of this work is apparent in the number of research projects and dissertations stimulated by the model.

Following development of the Circumplex Model, Dr. Russell conducted research on family therapy process and outcome, co-authoring the 1980 Decade Review of Family Therapy Research in the *Journal of Marital and Family Therapy*. With funding from the Kansas State University Agricultural Experiment Station, she conducted research on rural families, including their mental health needs. Her current research interests focus on chronic illness and the family, clients' perceptions of the process of change in relational therapy, and the supervision and training of family therapists.

Dr. Russell directed the accredited Marriage and Family Therapy Program at Kansas State University from 1982 through 1994. She was named to the first endowed professorship in the College of Human Ecology in 1990, a position she held until she started phased retirement in 2006. She will continue teaching in the Marriage and Family Therapy Unit and serving on student committees until June of 2011.