

JARED R. ANDERSON

Assistant Professor
Marriage and Family Therapy Program
School of Family Studies and Human Services
Kansas State University
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EDUCATION

- Ph.D. University of Minnesota
2007 Family Social Science
Specialization: Marriage and Family Therapy
Advisor: William J. Doherty, PhD
Dissertation: *Developmental Trajectories of Marital Happiness in Lower-Quality Marriages: Predictors & Outcomes*
- M.S. Kansas State University
2001 (December) Marriage and Family Therapy
Advisor: Briana S. Nelson-Goff, PhD
Thesis: *The Transtheoretical Model of Change Applied to Couples Therapy*
- B.A. Graceland College
1998 Psychology
Advisor: Melanie Cary, PhD
Senior Thesis: *The relation of parenting style to college student attributional style, educational outcome and extracurricular involvement*

ACADEMIC AND PROFESSIONAL POSITIONS

- July 2007-present Assistant Professor, School of Family Studies and Human Services, Kansas State University, Manhattan, KS
- 2002-2007 Graduate Research Assistant, Department of Family Social Science & School of Nursing, University of Minnesota, Minneapolis/St. Paul, MN
(Minnesota Healthy Marriage and Responsible Fatherhood Project; Head Start Asthma Project; End of Life Care in the African American Community; Couples Coping with Breast Cancer)
- 2003-2007 Marriage and Family Therapy Doctoral Intern, University Family Physicians, Phalen Village Clinic, University of Minnesota Medical School, Minneapolis, MN
(Individual, couple, and family therapy/Trained medical residents in patient communication and conducted psychosocial consultations.)

- 2005-2007 Marriage and Family Therapy Doctoral Intern, Center for Life Transformation, Brooklyn Center, MN (*Individual, couple, and family therapy*)
- 2005/06 (Summer) Instructor, Department of Family Social Science, University of Minnesota, St. Paul, MN (*4150-7 Marriage in America & 4150-6 The Making of a Healthy Marriage*)
- 2002-2003 Graduate Teaching Assistant, Department of Family Social Science, University of Minnesota, St. Paul, MN (*FSoS 4103 Family Policy*)
- 2001 Instructor, School of Family Studies and Human Services, Kansas State University (Ft. Riley), Manhattan, KS (*FSSH 350 Family Relationships and Gender Roles*)
- 2001 Marriage and Family Therapy Intern, St. Isidore's Catholic Student Center, Manhattan, KS (*Pre-marital counseling*)
- 2000-2001 Marriage and Family Therapy Intern, The Family Center & Family Preservation Services, Kansas State University, Manhattan, KS (*Individual, Couple, and Family Therapy & In-Home Family Therapy*)
- 2000-2001 Marriage and Family Therapy Intern, Homecare and Hospice, Manhattan, KS (*Bereavement Counselor*)
- 2000-2001 Graduate Teaching Assistant, School of Family Studies and Human Services, Kansas State University, Manhattan, KS (*FSSH 350 Family Relationships and Gender Roles*)
- 1999-2000 Graduate Research Assistant, School of Family Studies and Human Services, Kansas State University, Manhattan, KS (*Alcohol Severities Index Follow-Up Project*)
- 1999 Instructor, Department of International Education, China Institute of Technology, Nangang, Taiwan (*Conversational English*)

PROFESSIONAL CREDENTIALS

Licensed Associate Marriage and Family Therapist, State of Minnesota, License No. 1493
Licensed Clinical Marriage and Family Therapist, State of Kansas (Application Pending)

SCHOLARLY PUBLICATIONS

Refereed Journal Articles & Book Chapters

Doherty, W. J., & Anderson, J. R. (2006). Can a family-focused approach benefit health care?

In K. Bogenschneider (Ed.), *Family policy matters: How policymaking affects families and what professionals can do* (2nd ed., pp. 85-95). Mahway, NJ: Lawrence Erlbaum.

Anderson, J. R., & Doherty, W. J. (2005). Democratic community initiatives: The case of overscheduled children. *Family Relations, 54*, 654-665.

Doherty, W. J., & **Anderson, J. R.** (2004). Community marriage initiatives. *Family Relations, 53*, 425-432.

Turner, W. J., Wallace, B. R., **Anderson, J. R.**, & Bird, C. (2004). The last mile of the way: Understanding caregiving in African American families at the end of life. *Journal of Marital and Family Therapy, 30*, 427-438.

Refereed Journal Articles Completed and Currently Under Review

Anderson, J. R., & Turner, W. L. (in review). Caring for our own: African American caregivers' end of life care preferences. **Submitted: Journal of Aging Studies (Revise & Resubmit).**

Manuscripts in Preparation

Anderson, J. R., Van Ryzin, M., & Doherty, W. J., (manuscript in preparation). *Developmental trajectories of marital happiness in continuously married individuals: A group-based modeling approach.*

Van Ryzin, M. J. & **Anderson, J. R.** (manuscript in preparation). *Developmental trajectories of marital happiness and personal well-being: Group-based modeling vs. traditional growth curve modeling.*

Anderson, J. R., Wilde, J., & Wiedower, S. E. (manuscript in preparation). *From fragile families to flourishing marriages: Insights from "expert" couples.*

Lee, C. Y., August, G., & **Anderson, J. R.** (manuscript in preparation). *Family income and parenting: The role of parental depression and social support.*

Nonreferred Publications

Anderson, J. R. (2007, October). Promoting responsible fatherhood. *Shanghai Women, 230*, 21-23.

Anderson, J. R., Willougby, B. J., Gonzalez, C., Orieny, P., Gudmunson, C. G., Teik-Cheok Loy, J., & Schacher, G. (2007, September). The challenges of balancing the demands of fatherhood and graduate school. *NCFR Report: Family Focus on Family Science Careers, F7-F8.*

PROFESSIONAL PRESENTATIONS

Peer-Reviewed Presentations at Professional Conferences

Anderson, J. R., Doherty, W. J., & Van Ryzin, M. J. (2008, July). Developmental trajectories of marital happiness: Predictors and outcomes. Paper to be presented at the International Association for Relationship Research Conference, Providence, RI.

Anderson, J. R., Wilde, J., & Wiedower, S. (2007, November). From fragile to flourishing: Insights from “Expert” couples. Poster presented at the Sixty-Ninth Annual Conference of the National Council on Family Relations, Pittsburgh, PA.

Anderson, J. R., & Turner, W. L. (2006, November). Caring for our own: A study of African American caregivers end of life care preferences. Poster presented at the Sixty-Eighth Annual Conference of the National Council on Family Relations, Minneapolis, MN.

Anderson, J. R. (2004, November). Cultural factors that influence nursing home placement in African American families. Paper presented at the Sixty-Sixth Annual Conference of the National Council on Family Relations, Orlando, FL.

White, M., West, D., Peterson, F. R., McIntyre, J., Zukowski-McDaniel, K., and **Anderson, J. R.** (2002, October). Understanding the process of between session change. Poster presentation at the Sixtieth Annual Conference of the American Association for Marriage and Family Therapy, Cincinnati, OH.

Nelson, B., Berg, N., Cromwell, T., Dunbar, C., Peterson, R., **Anderson, J.**, Carter, S., Joy, A., and MacDougall, K. (2001, December). Traumatized couples: Characteristics and clinical interventions. Workshop presented at the Fifteenth Annual International Society for Traumatic Stress Studies Conference, New Orleans, LA.

Nelson, B., **Anderson, J.**, and Higgins-Kessler, M. (2001, October). Development of a systemic model of traumatic stress. Workshop presented at the Fifty-Ninth Annual American Association for Marriage and Family Therapy conference, Nashville, TN.

Anderson, J., Nelson, B., & White, M. (2001, October). The transtheoretical model of change applied to couples therapy. Poster presentation at the Fifty-Ninth Annual American Association for Marriage and Family Therapy conference, Nashville, TN.

Invited Professional Presentations

Anderson, J. R. (2007, June). Becoming a marriage and family therapist in the United States: Overview of the accreditation process, degree requirements, and licensure procedures. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

Anderson, J. R. (2007, June). Promoting responsible fatherhood through U.S. federal policy. Invited lecture given at the Shanghai Academy of Social Sciences, Shanghai, China.

Anderson, J. R. (2006, March). Physically exhausted but can't sleep: A brief overview of insomnia in primary care. Noon conference presentation at St. John's Hospital for physicians and medical residents. Woodbury, MN.

Anderson, J. R. (2002, March). Family Therapy: History, present status, and case implementation. Invited lecture given at South China Normal University, Guangzhou, China.

Anderson, J. R. (2002, March). Parenting strategies and case consultation. Invited presentation at the First Yu Cai Kindergarten Guang Dong, Guangzhou, China.

Community/Outreach Presentations & Workshops

Anderson, J. R., & Kelleher, M. (2006, November). Building strong relationships. A six-hour PREP workshop conducted for clients of Community Action of Minneapolis.

Anderson, J. R., & Von Weiss, C. (2006, October). Skills for building and enhancing healthy relationships. An eight-hour PREP workshop for couples presented in Edina, MN.

Anderson, J. R., & Von Weiss, C. (2006, April). Skills for building and enhancing healthy relationships. An eight-hour PREP workshop for couples presented in Edina, MN.

Anderson, J. R. (2006, March). Who's got time to be married? Workshop presented at the quarterly meeting of the Minnesota Retrouvaille association.

Anderson, J. R. (2006, January/February). Skills for building healthy families. A six-week psychoeducational workshop presented to individuals, couples, and families in Brooklyn Center, MN.

Anderson, J. R. (2001, October). Understanding grief and bereavement. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.

Anderson, J. R. (2001, March). Being there for the bereaved. Presentation at the First Annual Community Training Seminar presented by Homecare and Hospice, Manhattan, KS.

Anderson, J. R. (2000, October). Understanding grief and bereavement. Presentation at the annual Homecare and Hospice volunteer training, Manhattan, KS.

REVIEWER FOR PROFESSIONAL JOURNALS

2007 Journal of Marital and Family Therapy (Ad Hoc Reviewer)

RESEARCH FUNDING/GRANT PROPOSALS

Anderson, J. R. (2007). *The Transition to Marriage in the U.S. Army*. A research grant proposal submitted to the Office of Research and Sponsored Programs at Kansas State University for a

University Small Research Grant. Funded Budget: \$4,000 (Includes Department and College match)

GRANT REVIEWER

Grant Reviewer. (2005, August). Demonstration projects that improve child well-being by fostering healthy marriages within underserved communities. Children's Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

Grant Reviewer. (2006, August). Demonstration projects in post-adoption services and marriage education. Children's Bureau Discretionary Grant Review, Administration for Children, Youth, and Families (HHS), Washington, DC.

PROFESSIONAL MEMBERSHIPS AND ACTIVITIES

American Association for Marriage and Family Therapy (AAMFT)
Student Member 1999-2007
Clinical Member (Application in process)
Participant in AAMFT research conference 2001, 2002

National Council on Family Relations
Student Member 2000-2007
Member 2007-present
Conference Abstract Reviewer 2003-2005, 2007-2008

International Association for Relationship Research
Member 2008

Kansas Association for Marriage and Family Therapy
Member 1999-2001; 2007-present

Minnesota Association for Marriage and Family Therapy
Member 2002-2007

COMMUNITY ORGANIZING ACTIVITIES

Southwest Minneapolis (July 2003-June 2005)

Co-leader of a lay led grass roots initiative called *Time IN For Family* whose mission was to change the culture of overscheduled and underconnected families by breaking down barriers to putting family time first. Part of the Families and Democracy Project, this was a two-year community project in Southwest Minneapolis that engaged the community around the issue of family time. Our work was cited in the Star Tribune (Minneapolis), the Wall Street Journal, and on the NBC evening news.

Wayzata, MN (Oct. 2002-August 2003)

Member of *Putting Family First*, a grass roots initiative to deal with the issue of overscheduled kids and underconnected families. This was a community initiative based on William J. Doherty's Families and Democracy Model.

TRAINING/CERTIFICATIONS

Certified Instructor for the Prevention and Relationship Enhancement Program (PREP)

Certified Prepare/Enrich Counselor

Certified Gottman Educator (CGE) for the Bringing Baby Home Program

Completed instructor training in the Couples Communication Program I & II