

Leader's Guide

We Eat Dinner in the Bathtub by Angela Shelf Medearis

- Objectives:** In addition to the overall objectives for Book in a Bag, children will learn about:
- the value of family mealtimes
 - appreciating other families' traditions

Lesson Outline:

1. Read the entire section on Mealtime, and the book *We Eat Dinner in the Bathtub* prior to the lesson.
2. Develop lesson plan for the day's activities.
3. Review supplies and equipment needed for activities. Make copies of recipes and Parent's Page as needed.
4. Prepare evaluation tool you will use with the children.
5. Arrive early – be sure to encourage handwashing before food preparation activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- In the book *We Eat Dinner in the Bathtub*, where do the two families eat dinner?
- What fun things are Josh and Harris doing together while they talk about their homes?
- Why doesn't every family park their car in the kitchen?
- Where is an attic in a house? What do people usually keep there?
- Why does Josh call his mother?
- What does Harris say he likes about Josh?

Other related children's books:

- D.W. the Picky Eater* by Marc Brown
- Potluck* by Anne Shelby
- Mealtime* by Maureen Roffey
- When I Eat* by Mandy Suhr

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• KANSAS ACADEMIC STANDARDS

• Health Promotion and Disease Prevention 1.1

• Kindergarten Reading: 1.2. 1, 2, 3

1.3. 2

1.4. 7, 9, 10

1st Grade Reading: 1. 1. ▲4, ▲5, 7

1. 2. 1, 2, 3, 5

1. 4. 1, 2, 3, 4, ▲6

Literature: 2. 1. 1, 2, 3

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