

Leader's Guide

We're Making Breakfast for Mother by Shirley Neitzel

- Objective:** In addition to the overall objectives for Book in a Bag:
- Children will learn the importance of eating breakfast, the fun of meal preparation, and the value of sharing a meal.

Lesson Outline:

1. Review supporting information and *We're Making Breakfast for Mother* prior to lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with the children.
5. Arrive early—be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- For whom is breakfast being made?
- What are some of the foods they fixed for Mother?
- At the end, they put on their jackets and did what?

(This is a good opportunity—a teachable moment—to remind children that pets need to be kept away from food preparation and meal sites.)

Other related children's books:

- Pancakes for Breakfast* by Tomie de Paola
- Bread and Jam* for Frances by Russell Hoban
- If You Give a Moose a Muffin* by Laura Numeroff

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KANSAS ACADEMIC STANDARDS

Health Promotion and Disease Prevention 1.1

Kindergarten Reading: 1. 2. 1, 2, 3,
1. 3. 2,
1. 4. 1, 2, 3, 4, 5, 6, 8, 10

Literature: 2. 1. 1,

1st Grade Reading: 1. 1. ▲4, ▲5, 7,
1. 2. 1, 2, 3, 5,
1. 4. 1, 2, 3, 4, ▲6,

Literature: 2. 1. 1, 2, 3,

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