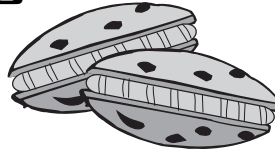


## Choco-Banana Yo-yo

amounts needed per child



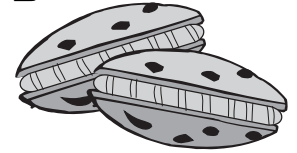
1/2 banana, medium  
8 mini chocolate-chip cookies

Peel banana half. Slice banana into 3/4-inch rounds. Sandwich the banana slices between two mini cookies. Enjoy!

Options: Other small cookies could be used, such as vanilla wafers or animal crackers. Other yummy fillings for yo-yo sandwiches could include peanut butter, fresh strawberry, kiwi or plum slices.

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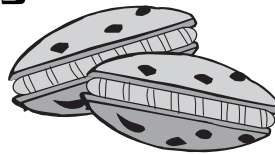
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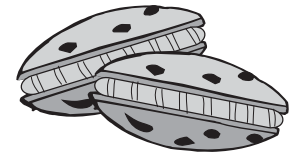
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<b>Nutrition Facts</b>	
Serving Size 4 Yo-yos (110g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 310	Calories from Fat 100
% Daily Value*	
<b>Total Fat</b> 11g	18%
Saturated Fat 3.5g	17%
<b>Cholesterol</b> 15mg	6%
<b>Sodium</b> 180mg	7%
<b>Total Carbohydrate</b> 49g	16%
Dietary Fiber 3g	12%
Sugars 25g	
<b>Protein</b> 4g	
Vitamin A 0%	Vitamin C 8%
Calcium 0%	Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.

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