

Leader's Guide

The Doorbell Rang by Pat Hutchins

Objectives: In addition to the overall objectives for Book in a Bag, children will learn:

- the value of sharing with friends and family
- all foods can fit in a well-balanced diet

Lesson Outline:

1. Read the entire section on the top of the Food Guide Pyramid, and the book *The Doorbell Rang* prior to the lesson.
2. Develop lesson plan for day's activities
3. Review supplies and equipment needed for activities. Make copies of recipes and Parent's Page as needed.
4. Prepare evaluation tool you will use with the children.
5. Arrive early—be sure to encourage handwashing before food preparation activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- What did Mom make for Victoria and Sam?
- What happens when the doorbell rings?
- What happens to the cookies?
- Who is the last person to ring the doorbell?
- What gift does Grandma bring?

(This is a good opportunity—a teachable moment—to remind children that pets need to be kept away from food preparation and meal sites.)

Other related children's books:

The Berenstain Bears and Too Much Junk Food by Jan & Stan Berenstain

Eating Fractions by Bruce McMillan

Mr. Putter and Tabby Bake a Cake by Cynthia Rylant

If You Give a Mouse a Cookie by Laura Numeroff

KANSAS ACADEMIC STANDARDS	
Health Promotion and Disease Prevention 1.1	
Kindergarten Reading:	1. 2. 1, 2, 3
	1. 3. 2
	1. 4. 1, 2, 3, 4, 5, 6, 8, 10
Literature:	2. 1. 1
1st Grade Reading:	1. 1. ▲4, ▲5, 7
	1. 2. 1, 2, 3, 5
	1. 4. 1, 2, 3, 4, ▲6
Literature:	2. 1. 1, 2, 3



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