

Leader's Guide

Germs! Germs! Germs! by Bobbi Katz

Objective: In addition to the overall objectives for Book in a Bag:

- * Children will learn that germs are everywhere
- * Children will learn that some germs cause illness
- * Children will learn that proper handwashing helps keep us healthy
- * Children will demonstrate proper handwashing

Lesson Outline:

1. Review section on handwashing and *Germs! Germs! Germs!* prior to lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with the children.
5. Arrive early—determine how group handwashing will be accomplished.
6. Read book with children. Facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- * Where do we find germs?
- * What does it take to see germs?
- * What can germs do to us?
- * What are some enemies of germs?

.....

KANSAS ACADEMIC STANDARDS

Health Promotion and Disease Prevention 1.1

1st Grade Reading: 1. 1.▲ 4, ▲ 5, 7
1. 2. 1, 2, 3, 5
1. 4. 1, 2, 3, 4,▲ 6

Literature: 2. 1. 1, 2, 3

Science: 6.1.1, ▲ 2, 3

Kindergarten Reading: 1.1. 5, ▲ 6
1,2,1, 3, 7, 9

Science: 6.1.1, ▲ 2

.....

(over)



This project is supported by the USDA through a contract awarded by Income Maintenance/Employment Preparation Services, Kansas Department of Social and Rehabilitative Services.

*The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's Target Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington DC, 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Related websites:

www.oznet.ksu.edu/foodsafety

www.foodsafety.gov

www.fightbac.org— This site has great support materials for teaching young children about handwashing and food safety. Don't miss the BAC-Catcher Game!

Resource:

Fight BAC! Education Program Presenter's Guide for Working with Children from Kindergarten through 3rd Grade. 1998, The Partnership for Food Safety Education.

Related children's books:

Germs Make Me Sick by Melvin Berger

The Man Who Didn't Wash His Dishes by Phyllis Krasilovsky

Buddy Bear's Handwashing Troubles by Marjorie T. Cooke

Those Mean Nasty Dirty Downright Disgusting but Invisible Germs by Judith A. Rice

This book contains story text in both Spanish and English on each page.