

# Leader's Guide

## *The Very Hungry Caterpillar* by Eric Carle

The book is available from Scholastic Books at:

<http://shop.scholastic.com/webapp/wcs/stores/servlet/ProductDisplay?productId=14906&langId=1&storeId=10001&catalogId=10004#>

### Objective:

In addition to the overall objectives for Book in a Bag, children will:

- learn about eating a variety of food.

### Lesson Outline:

1. Review supporting materials and the book, **The Very Hungry Caterpillar**, before the lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

### Questions to Facilitate Discussion:

- What popped out of the egg on the leaf?
- What is the very first thing the caterpillar wanted to do?
- What kinds of fruit did he eat?
- Did he have any veggies?
- Do you think he was thirsty?
- Why did he have a stomachache?
- What did he eat that made him feel better?
- What is a cocoon?
- What did the caterpillar turn into?

### Related Children's Books:

*Eating the Alphabet* by Lois Ehlert  
*Ten Apples Up on Top* by Theo LeSieg  
*D.W. the Picky Eater* by Marc Brown  
*Gregory, the Terrible Eater* by Mitchell Sharmat

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| <b>KANSAS ACADEMIC STANDARDS</b>                   |                                      |
| <b>Health Promotion and Disease Prevention 1.1</b> |                                      |
| <b>Kindergarten Reading:</b>                       | <b>1. 2. 1, 2, 3</b>                 |
|  | <b>1. 3. 2</b>                       |
|  | <b>1. 4. 1, 2, 3, 4, 5, 6, 8, 10</b> |
| <b>Literature:</b>                                 | <b>2. 1. 1</b>                       |
| <b>1st Grade Reading:</b>                          | <b>1. 1. 4, 5, 7</b>                 |
|  | <b>1. 2. 1, 2, 3, 5</b>              |
|  | <b>1. 4. 1, 2, 3, 4, 6</b>           |
| <b>Literature:</b>                                 | <b>2.1.1, 2, 3</b>                   |



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