

Leader's Guide

Kitten's First Full Moon by Kevin Henkes

Objectives: In addition to the overall objectives for Book in a Bag:

- Children will learn about milk and the dairy group of MyPyramid
- Children will learn that milk and milk products are important parts of many foods

Lesson Outline:

1. Review supporting materials and the book, ***Kitten's First Full Moon***, prior to the lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Incorporate physical activity into lesson.
9. Assist children in completing evaluation tool.
10. Distribute pages for take-home, as appropriate.

Questions to Facilitate Discussion:

- What does Little Kitten think she sees in the sky?
- What happens when Little Kitten reaches for the bowl of milk?
- Why did Little Kitten jump in the pond?
- What did Little Kitten find on the porch?

Other Related Children's Books:

Milk From Cow to Carton by Alik

The Milk Makers by Gail Gibbons

Thanks to Cows by Allan Fowler

What's for Lunch? Milk by Claire Llewellyn

Oliver's Milk Shake by Vivian French and Alison Bartlett



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