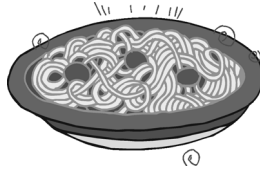


## **Freddy Spaghetti**

Makes 7 servings 1/2 cup each

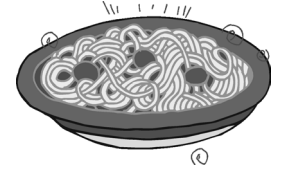


- 1 pound ground beef
- 1 can (15 ounce) spaghetti with tomato sauce and cheese
- 1 can (10.5 ounce) cream of celery soup
- 1/3 cup ketchup

1. Brown ground beef in an electric skillet and drain well.
2. Add remaining ingredients and mix well.
3. Heat until bubbly and serve hot.

## **Freddy Spaghetti**

Makes 7 servings 1/2 cup each

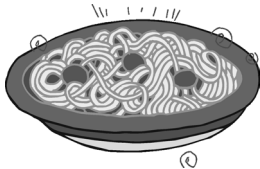


- 1 pound ground beef
- 1 can (15 ounce) spaghetti with tomato sauce and cheese
- 1 can (10.5 ounce) cream of celery soup
- 1/3 cup ketchup

1. Brown ground beef in an electric skillet and drain well.
2. Add remaining ingredients and mix well.
3. Heat until bubbly and serve hot.

## **Freddy Spaghetti**

Makes 7 servings 1/2 cup each

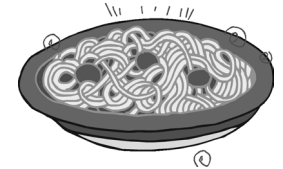


- 1 pound ground beef
- 1 can (15 ounce) spaghetti with tomato sauce and cheese
- 1 can (10.5 ounce) cream of celery soup
- 1/3 cup ketchup

1. Brown ground beef in an electric skillet and drain well.
2. Add remaining ingredients and mix well.
3. Heat until bubbly and serve hot.

## **Freddy Spaghetti**

Makes 7 servings 1/2 cup each



- 1 pound ground beef
- 1 can (15 ounce) spaghetti with tomato sauce and cheese
- 1 can (10.5 ounce) cream of celery soup
- 1/3 cup ketchup

1. Brown ground beef in an electric skillet and drain well.
2. Add remaining ingredients and mix well.
3. Heat until bubbly and serve hot.

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (181g)	
Servings Per Container 7	
<b>Amount Per Serving</b>	
<b>Calories</b> 200	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 8g	13%
Saturated Fat 3g	15%
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 750mg	31%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber less than 1 gram	4%
Sugars 4g	
<b>Protein</b> 15g	
Vitamin A 8%	• Vitamin C 4%
Calcium 4%	• Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (181g)	
Servings Per Container 7	
<b>Amount Per Serving</b>	
<b>Calories</b> 200	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 8g	13%
Saturated Fat 3g	15%
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 750mg	31%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber less than 1 gram	4%
Sugars 4g	
<b>Protein</b> 15g	
Vitamin A 8%	• Vitamin C 4%
Calcium 4%	• Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (181g)	
Servings Per Container 7	
<b>Amount Per Serving</b>	
<b>Calories</b> 200	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 8g	13%
Saturated Fat 3g	15%
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 750mg	31%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber less than 1 gram	4%
Sugars 4g	
<b>Protein</b> 15g	
Vitamin A 8%	• Vitamin C 4%
Calcium 4%	• Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.

<b>Nutrition Facts</b>	
Serving Size 1/2 cup (181g)	
Servings Per Container 7	
<b>Amount Per Serving</b>	
<b>Calories</b> 200	Calories from Fat 70
% Daily Value*	
<b>Total Fat</b> 8g	13%
Saturated Fat 3g	15%
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 750mg	31%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber less than 1 gram	4%
Sugars 4g	
<b>Protein</b> 15g	
Vitamin A 8%	• Vitamin C 4%
Calcium 4%	• Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet.