

# Leader's Guide

## *Too Many Tamales* by Gary Soto

**Objectives:** In addition to the overall objectives for Book in a Bag, children will learn about:

- the importance of family meals and traditions
- foods from the Hispanic culture

### **Lesson Outline:**

1. Read through complete lesson plan for the book.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page
4. Prepare evaluation tool you will use with the children.
5. Arrive early—be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

### **Questions to Facilitate Discussion:**

- What did Maria get to do that made her feel grown-up? What else did she wish she could do?
- What is *masa*? What are some other foods that are kneaded?
- Why did the cousins have to eat the tamales? What part did they eat?
- What did they find in the last tamale? What did Maria tell her mother?
- What did the family do next?

### **Other related children's books:**

*The Foods We Eat* by Many Hands Media. ISBN 1-888566-01-9. This book is from the Multicultural Nutrition Program for Young Children that many counties ordered when Roberta Duyff, the author, visited our state. To obtain more sets or information, contact: Many Hands Media, c/o JMH Communications, 1133 Broadway, New York, NY 10160-1573. This book is a colorful "big" book with wonderful rhymes and inclusive artwork.

*It's a Sandwich!* by Roberta L. Duyff and Patricia C. McKissack

*Let's Eat* by Ana Zamorano

*Yoko* by Rosemary Wells

*Everybody Cooks Rice* by Norah Dooley



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