

Leader's Guide

Yoko by Rosemary Wells

Note: Unlike most of the other recipes in *Book in a Bag*, the rice recipe accompanying *Yoko* requires a preparation time longer than most program time limits. We have provided a practical, easy solution! We recommend preparing the recipe ahead, and using a slow cooker to transport and hold the food ready for your lesson. Since the food preparation is not done with the children in the classroom, we have provided suggestions for other related activities on the "What You Will Need" page of this lesson.

Objective: In addition to the overall objectives for *Book in a Bag*:
Children will learn to appreciate a variety of cultures and traditions through foods.

Lesson Outline:

1. Read entire book *Yoko* prior to lesson.
2. Develop lesson plan for day's activity.
3. Review supplies and equipment needed for activity. Make copies of recipes and "A Look at Our Book: Parent's Page" as needed. If desired, attach a recipe "card" to each Parent's Page.
4. Prepare evaluation tool you will use with the children.
5. Arrive early – be sure to encourage handwashing before activity.
6. Read book with children. Ask questions to facilitate discussion.
7. Lead activity. Encourage all children to participate.
8. Assist children in completing evaluation tool.
9. Distribute pages for take-home, as appropriate.
10. Clean up.

Questions to Facilitate Discussion:

- What was Yoko's lunch packed in?
- What was green in Yoko's lunch?
- Why did everyone laugh at her lunch?
- How do you think that made Yoko feel?
- What did the teacher plan to help Yoko's problem?
- What did Yoko teach Timothy?
- What did Timothy and Yoko plan to do?
- What do you think happened next?

Other related children's books:

- Potluck* by Anne Shelby
- Mealtime* by Maureen Roffey
- When I Eat* by Mandy Suhr
- Halmoni and the Picnic* by Sook Nyul Choi
- How My Parents Learned to Eat* by Ina R. Friedman
- How My Family Lives in America* by Susan Kuklin
- Market Day* by Lois Ehlert
- Mr. Belinsky's Bagels* by Ellen Schwartz

KANSAS ACADEMIC STANDARDS	
Health Promotion and Disease Prevention 1.1	
Kindergarten Reading:	1. 2. 1, 2, 3
	1. 3. 2
	1. 4. 1, 2, 3, 4, 5, 6, 8, 10
Literature:	2. 1. 1
	2. 2. 1
1st Grade Reading:	1.4. 2, 3, 4, ▲5



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