



1

Wet hands with warm running water.



2

Add soap and rub hands together, front and back.

Wash between fingers and under nails for about 20 seconds.

3



That's how long it takes to sing the ABC song.

The way to wash HANDS

Rinse off the soap and leave the water running.



4



5

Use a clean paper towel to dry hands.



6

Turn off the faucet with the used paper towel before throwing it away.