

# 1-2 Kansas Science Standards Matched With Exploring the Food Guide Pyramid with Professor Popcorn

## Grade 1

Lesson/Activity	Standard
<b>Lesson 1: Exploring the Pyramid: Piece by Piece</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food.
3. Why do We Eat?	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food.
4. Why Do We Eat What We Eat?	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food.
5. How Does it Fit?	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food.
6. What Is a Pyramid?	<u>Standard 1, Benchmark 1, Indicator 1</u> : Identify characteristics of objects.
7. The Food Guide Pyramid	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2</u> : Discuss healthy foods.
8. Follow The Pyramid	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2</u> : Discuss healthy foods.
9. Where Do We Get The Foods We Eat?	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment.
10. Combination Foods	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment.
11. Food + Physical Activity = A Healthy Person	<u>Standard 6, Benchmark 1, Indicator 1</u> : Engage in Personal care.
12. The Dietary Guidelines	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2</u> : Discuss healthy foods.
13. Fat, Sugar, and Salt – Hazards of the Pyramid!	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1</u> : Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2</u> : Discuss healthy foods.
14. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1</u> : Engage in Personal care.
15. Postlesson Evaluation Tool	N/A
16. Physical Activity	N/A
17. Snack	<u>Standard 6, Benchmark 1, Indicator 2</u> : Discuss healthy foods.
18. Take Home	N/A
<b>Lesson 2: Go For the Grain!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4</u> : Ask and answer questions about

	<p>objects, organisms, and events in their own environment.  <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
3. Keep the Body Health	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
4. Why do we need so much from the Grains Group?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
5. How Much is Enough?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
6. What Foods are Included in the Grain Group?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
7. How can I eat that Much?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
8. Food Safety Activity	<p><u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.</p>
9. Postlesson Evaluation Tool	N/A
10. Physical Activity – Find a Pulse	N/A
11. More Physical Activity	N/A
12. Snack	<p><u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
13. Take Home	N/A
<b>Lesson 3: Five a Day is the Way!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
3. Plant or Animal?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
4. How do we find Fruits and Vegetables in the Store?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
5. Can You “Pick” the Food?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
6. How Many Servings are Needed?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
7. What Makes a Serving?	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
8. Color is Important	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
9. The Snack Anytime!	<p><u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.  <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.</p>
10. Food Safety Activity	<p><u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.</p>
11. Postlesson Evaluation Tool	N/A
12. Physical Activity	N/A

13. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
14. Take Home	N/A
<b>Lesson 4: Get Milk!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 1, Benchmark 1, Indicator 5:</u> Describe an observation orally or pictorially.
3. Locate the Milk Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. The Milk Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. Calcium	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. What is so Great about Calcium?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. Making our Bones Grow!	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. "Bart Knows Best" Story	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
10. Postlesson Evaluation Tool	N/A
11. Physical Activity	N/A
12. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
13. Take Home	N/A
<b>Lesson 5: Meat for Growth!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
3. Locate the Meat Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. The Meat Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. This Stuff Called Protein	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. But some of Those foods aren't animal foods...	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. How Many Servings are Enough?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. Where Do we get the Meat?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment.

	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Fast-Food Choices	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
10. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
11. Physical Activity	N/A
12. What Have we Learned?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
13. Postlesson Evaluation Tool	N/A
14. Certificate of Completion	N/A
15. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
16. Take Home	N/A
13. Certificate of Completion	N/A
14. Snack	N/A
15. Take Home	N/A (Without an activity explanation this cannot be matched to the standards.)

## Grade 2

Lesson 1: Piece by Piece	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
3. Finding the parts	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. Food Sources	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. Why do you Think I Selected These Foods?	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. Making the Pyramid Strong Enough	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. What a Find!	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. Do You Remember the Dietary Guidelines?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Professor Popcorn Wants You to Notice...	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
10. Remember the Hazards of the Food Pyramid?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.

11. How to Overcome the Hazards!	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
12. Food + Physical Activity = A Healthy Person	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
13. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
14. Postlesson Evaluation Tool	N/A
15. Physical Activity	N/A
16. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
17. Take Home	N/A

## Lesson 2: Go For the Grains!

1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
3. Build a Healthy Base	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. The Body's First Need – Carbohydrates	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. Carbohydrates Come in Different Forms	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. How Many Servings do we Need a Day?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. What is Considered a Serving?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. Find the Grain Group Foods	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
10. Postlesson Evaluation Tool	N/A
11. Physical Activities	N/A
12. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
13. Take Home	N/A

## Lesson 3: Five a Day is the Way!

1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
3. Nature's Treat	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. Plant or Animal?	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. Make a Match	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. Can You "Pick" the Food?	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects.

	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. How Many Servings are Needed?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. What Makes a Fruit Serving?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. What Makes a Vegetable Serving?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
10. Five a Day? How can we eat that Much?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
11. What's so great about Fruits and Vegetables?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
12. Physical Activity	N/A
13. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
14. Postlesson Evaluation Tool	N/A
15. Physical Activity	N/A
16. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
17. Take Home	N/A
<b>Lesson 4: Get Milk!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 1, Benchmark 1, Indicator 5:</u> Describe an observation orally or pictorially.
3. Locate the Milk Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. The Milk Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. Calcium	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. What Makes a Serving?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. What is so Great about Calcium?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. Differences Between Bones and Cartilage	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Get Milk!	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
10. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
11. Postlesson Evaluation Tool	N/A
12. Physical Activity	N/A
13. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.

14. Take Home	N/A
<b>Lesson 5: Meat for Growth!</b>	
1. Prelesson Evaluation Tool	N/A
2. Interest Approach	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
3. Locate the Meat Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
4. The Meat Group	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
5. This Stuff Called Protein	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
6. But Some of Those Foods Aren't Animal Foods	<u>Standard 1, Benchmark 1, Indicator 1:</u> Identify characteristics of objects. <u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
7. How Many Servings is Enough?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
8. Fast-Food Choices	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
9. Food Safety Activity	<u>Standard 6, Benchmark 1, Indicator 1:</u> Engage in Personal care.
10. Physical Activity	N/A
11. What Have We learned?	<u>Standard 1, Benchmark 1, Indicator 4:</u> Ask and answer questions about objects, organisms, and events in their own environment. <u>Standard 3, Benchmark 1, Indicator 1:</u> Discuss that living things need air, water, and food. <u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
12. Postlesson Evaluation Tool	N/A
13. Certificate of Completion	N/A
14. Snack	<u>Standard 6, Benchmark 1, Indicator 2:</u> Discuss healthy foods.
15. Take Home	N/A