

Curricula _____

County _____

Date _____

Participant Information

Age: (Please check one)

- Teen
- Adult age 19-40
- Adult age 41-59
- Adult age 60+

Gender: (Please circle one)

Male Female

Survey

EATING HEALTHY SAVES YOU MONEY

Please help us make our programs and materials better by answering the following questions. First think about what you will do from now on and then think back to what you did before. *Circle the best answer for each.*

| | Never | | Often | | Always |
|--|-------|---|-------|---|--------|
| After today , how often will you eat meals that include a variety of foods from MyPyramid? | 1 | 2 | 3 | 4 | 5 |
| Before today , how often did you eat meals that included a variety of foods from MyPyramid? | 1 | 2 | 3 | 4 | 5 |
| After today , how often will you use a plan for how to spend your money? | 1 | 2 | 3 | 4 | 5 |
| Before today , how often did you use a plan for how to spend your money? | 1 | 2 | 3 | 4 | 5 |
| After today , how often will you plan your meals ahead of time? | 1 | 2 | 3 | 4 | 5 |
| Before today , how often did you plan your meals ahead of time? | 1 | 2 | 3 | 4 | 5 |

EATING HEALTHY SAVES YOU MONEY

Never Often Always

After today, how often will you shop for food from a list?

1 2 3 4 5

Before today, how often will you shop for food from a list?

1 2 3 4 5

After today, how often will you compare prices before you buy food?

1 2 3 4 5

Before today, how often did you compare prices before you bought food?

1 2 3 4 5

How often in the next 12 months do you think you will use emergency food sources? _____

Examples are:

food banks

soup kitchens

food pantries

How often in the past 12 months did you use emergency food sources? _____

After today, which of the following statements do you think will best describe the food eaten in your household?

- 1) always have enough to eat
- 2) most of the time have enough to eat
- 3) sometimes have enough to eat
- 4) never have enough to eat

Before today, which of the following statements best described the food eaten in your household?

- 1) always had enough to eat
- 2) most of the time had enough to eat
- 3) sometimes had enough to eat
- 4) never had enough to eat

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EATING HEALTHY SAVES YOU MONEY

Which of these food programs do you think you will use in the next 12 months?
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program

Which of these food programs did you use in the last 12 months?
(Circle all that apply)

- 1) WIC
- 2) Vision Card
- 3) School Breakfast
- 4) School Lunch
- 5) Food Pantry
- 6) Summer Child Feeding Program